

August 2025

Monday	Tuesday	Wednesday	Thursday	Friday
TO ORDER A MEAL OR CANCEL A MEAL, CALL 641-792-7102. DO NOT TEXT THIS NUMBER.		MEALS ARE FUNDED BY: *JASPER COUNTY *AGING RESOURCES *CLIENT DONATIONS *ELDERLY WAIVER/MEDICAID *FUNDRAISERS *MEMORIALS		1 Cheeseburger on Bun Lettuce/Tomato/Onion Sweet Potato Tots Coleslaw Apricots
4 Fish Sticks Cheesy Rice Broccoli & Cauliflower Banana	5 Cheese Tortellini Bake Cascade Blend Vegetables Garlic Toast Blueberries	6 Country Fried Chicken w/Gravy Cheddar Mashed Potatoes Green Beans Melon	7 Cook's Choice Homemade Hamburger Helper Roll Green Beans Rosy Applesauce	8 Chicken Strip Wrap Summer Pasta Salad Spoon Salad Banana
11 Asian Chicken Salad Breadstick Mixed Fruit Chinese Almond Cookie	12 Greek Style Fish Filet Spinach w/ Vinegar Grapes & Peaches Apple Crisp	13 Meatloaf Mashed Potatoes & Gravy Carrot Salad Pineapple	14 Cheesy Chicken Breast Baked Potato Asparagus Fruit Cocktail	15 Egg Salad Sandwich Garden Salad Pears & Blueberries Dessert
18 Crispy Pork Chop Scalloped Potatoes Peas Strawberries	19 Orange Glazed Chicken Fried Rice Asian Vegetables Egg Roll Dark Cherries	20 Cook's Choice Fish Sandwich Maple Mashed Sweet Potatoes French Green Beans Mango & Pineapple	21 Taco Bake Spanish Rice Corn Banana	22 Creamy Tuna Pasta Salad Carrots & Celery Apricots Cookie
25 Beef & Noodles over Mashed Potatoes Brussels Sprouts Fruit Cocktail Almond Bar	26 BBQ Chicken Garden Salad Diced Pears Oatmeal Raisin Cookie	27 Lemon Pepper Fish Garlic Herb Rice Mixed Vegetables Peaches Berry Crisp	28 Caribbean Pork Loin Garlic Herb Scalloped Potatoes Broccoli Banana	29 Chicken Mac & Cheese Maple Carrots & Beets Warm Cinnamon Applesauce Dessert

Milk offered with all meals and equals one carb choice. All meals meet 1/3 of the Recommended Dietary Allowances (RDA) for older adults.

Stephanie Thompson