

# July 2026

Monday	Tuesday	Wednesday	Thursday	Friday
<b>MEALS ARE FUNDED BY:</b>		<b>1</b>	<b>2</b>	<b>3</b>
*JASPER COUNTY	<b>TO ORDER A MEAL</b>	Chicken Stir Fry w/Vegetables	Creamy Beef Tips	<b>CLOSED FOR JULY 4 HOLIDAY</b>
*AGING RESOURCES	<b>OR CANCEL A MEAL,</b>	Steamed Rice	Mashed Potatoes/Gravy	
*CLIENT DONATIONS	<b>CALL 641-792-7102</b>	Egg Roll	Peas	
*ELDERLY WAIVER/MEDICAID	<b>DO NOT TEXT THIS</b>	Peaches	Dark Sweet Cherries	
*FUNDRAISERS *MEMORIALS	<b>NUMBER.</b>			
<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
Pork Chop	Chicken Spaghetti	Baked Caesar Chicken	Beef Fajita Bake	<b>Chef's Choice</b>
Mashed Potatoes/Gravy	Garlic Bread	Cheesy Potatoes	Fiesta Corn Muffin	Macaroni Salad w/Ham
Country Trio Vegetables	Garden Salad/Dressing	California Blend Veggies	Black Bean Salad	3 Bean Salad
Mixed Fruit	24 Hour Fruit Salad	Banana	Pineapple	Pear
				Cookie
				(ALL COLD MEAL)
<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>
Ground Beef/Gravy	Chef's Choice	BBQ Chicken Breast	Salisbury Steak	Chicken Caesar Wrap
Mashed Potatoes	Western Omelet	Macaroni & Cheese	Mashed Potatoes/Gravy	Italian Pasta Salad
California Blend Vegetables	TriTator	Broccoli	Candied Carrots	Club Crackers
Applesauce	Capri Vegetables	Pears	Peach	Mandarin Orange Cup
Peanut Butter Cookie	Strawberries	Blueberry Crisp	Brownie	
	Muffin			(ALL COLD MEAL)
<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>
Cornbread Chicken Pot Pie	Cheesy Chicken & Potatoes	Glazed Fish Fillet	Homestyle Meatloaf	Asian Chicken Salad
Peas	Naan Bread Dippers	Spinach w/vinegar	Mashed Potatoes/Gravy	Breadstick
Berries	Broccoli & Cauliflower	Dinner Roll	Carrot Salad	Mixed Fruit
Cookie	Banana	Grapes	Pineapple	Dessert
		Strawberry Shortcake		
		Opt. B: Ham & Cheese Sandwich		(ALL COLD MEAL)
<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>
Baked Spaghetti Pie	Chicken	Honey Butter Biscuit Fish	Baked Swiss Chicken Breast	Cheeseburger w/Bun
Zucchini Parmesan	Mashed Potatoes	Macaroni and Cheese	Garden Rice	Cheddar Ranch Potato Salad
Garlic Toast	Cauliflower w/Cheese	Broccoli	Country Trio Vegetables	Carrots
Peaches	Mandarin Orange Cup	Apples	Pineapple	Dark Sweet Cherries
		Opt. B: Beef & Bean Burrito		

Milk offered with all meals. Whole wheat bread available upon request. All meals meet 1/3 of the Recommended Dietary Allowances (RDA) for older adults.

*Stephanie Thompson*