

September 2025

Monday	Tuesday	Wednesday	Thursday	Friday
1  CLOSED	2 Chicken Parmesan Spaghetti Noodles Garlic Breadstick Spinach Salad Apricots	3 Lemon Baked Fish Baked Sweet Potato Coleslaw Strawberries	4 Herbed Pork Cutlet Mashed Potatoes & Gravy Capri Blend Veggies Pears	5 Chicken Salad Sandwich Fruited Yogurt Mandarin Oranges Cookie (Cold Meal)
8 Ham & Corn Chowder Garden Salad Crackers Blueberries Peanut Butter Cookie	9 Goulash Broccoli Pears Garlic Breadstick Oatmeal Cookie	10 Ham Balls Baked Potato (1/2) Green Beans Cottage Cheese Fruit Salad	11 Crispy Pork Patty Baked Beans Country Trio Vegetables Banana	12 Creamy Tuna Salad Marinated Carrot Salad Fruit Cocktail Lemon Bar (Cold Meal)
15 Beef & Noodles over Mashed Potatoes Broccoli Peaches	16 Chicken Patty Mashed Potatoes & Gravy Spoon Salad Strawberries	17 Sloppy Joe on Bun Cheesy Cube Potatoes Mixed Vegetable Salad Cinnamon Applesauce	18 Fish Nuggets 3 Bean Salad Pineapple Coleslaw Diced Pears	19 Vegetable Egg Bake Sunshine Carrots Spiced Apples Blueberry Coffee Cake
22 Taco Salad Black Bean & Corn Salsa Chips Pineapple (Cold Meal)	23 Cranberry Glazed Chicken Garlic Parmesan Potatoes Normandy Blend Vegetables Peaches	24 Baked Fish Filet Lima Beans Whole Wheat Roll Mixed Berries Chocolate Pudding/Topping	25 Country Fried Steak Mashed Potatoes & Gravy Sauteed Spinach w/ Onions Jello Parfait	26 1/2 Egg Sandwich Broccoli Soup Crackers 24 Hour Fruit Salad Butter Pecan Cookie
29 Baked Potato Bar Chili Cheese Sauce Sour Cream Cottage Cheese Cherries	30 Rigatoni w/ Meat Marinara Cascade Blend Vegetables Breadstick Blush Cinnamon Pears	MEALS ARE FUNDED BY: *JASPER COUNTY *AGING RESOURCES *CLIENT DONATIONS *ELDERLY WAIVER/MEDICAID *FUNDRAISERS *MEMORIALS	 SCAN HERE To Connect to our Website	TO ORDER A MEAL OR CANCEL A MEAL, CALL 641-792-7102 DO NOT TEXT THIS NUMBER.

*Milk offered with all meals and equals one carb choice. All meals meet 1/3 of the Recommended Dietary Allowances (RDA) for older adults.

Stephanie Thompson