

November 2025

Monday	Tuesday	Wednesday	Thursday	Friday
TO ORDER A MEAL OR CANCEL A MEAL, CALL 641-792-7102 DO NOT TEXT THIS NUMBER.		MEALS ARE FUNDED BY: *JASPER COUNTY *AGING RESOURCES *CLIENT DONATIONS *ELDERLY WAIVER/MEDICAID *FUNDRAISERS *MEMORIALS		 SCAN HERE To Connect to our Website
3 Baked Fish Hashbrown Casserole Asparagus Fruit Cocktail Almond Cookie	4 Potato Soup Broccoli Strawberries Butterscotch Dessert	5 Chicken Parmesan Spaghetti Noodles Spinach Salad Garlic Breadstick Apricots	6 Herbed Pork Cutlet Cheesy Mashed Potatoes Roasted Capri Vegetables Pears	7 Santa Fe Chicken Salad Fruited Yogurt Mandarin Oranges Apple Crisp (Cold Meal)
10 Soup Peas Crackers Blueberries Peanut Butter Cookie	11 Ham Balls Mashed Potatoes Green Beans Cottage Cheese Fruit Salad	12 Loose Meat Sandwich Baked Beans Country Trio Vegetables Banana	13 Goulash Broccoli Fresh Melon Garlic Breadstick Oatmeal Cookie	14 Macaroni Salad w/Ham Marinated Carrot Salad Fruit Cocktail Lemon Bar (Cold Meal)
17 Beef & Noodles Mashed Potatoes Broccoli Peaches	18 Sloppy Joe on Bun Cheesy Cauliflower Mixed Vegetables Applesauce	19 Turkey Stuffing Casserole Mashed Potatoes & Gravy Corn Cranberry Sauce Pumpkin Bar	20 Popcorn Chicken Macaroni & Cheese Pineapple Coleslaw Diced Pears	21 Cheese Omelet Sausage Patty Sunshine Carrots Spiced Apples Muffin
24 Cook's Choice Hamburger Pizza Corn Pineapple Jello	25 Cranberry Glazed Chicken Garlic Parmesan Potatoes Normandy Blend Vegetables Peaches	26 Baked Fish Filet Lima Beans Roll Mixed Berries Chocolate Pudding (extra meal for 11/28)	27 Thanksgiving  Meals Provided for those Who Ordered by 11/17	28 CLOSED (Extra meal sent out 11/26)

Milk offered with all meals and equals one carb choice. All meals meet 1/3 of the Recommended Dietary Allowances (RDA) for older adults.

Signature