

# March 2026

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> Bean & Beef Burrito Calico Corn Fruit Cocktail Cherry Almond Bar	<b>3</b> Ham Ball Diced Potatoes w/Cheese Squash Dark Sweet Cherries	<b>4</b> Chicken A La King Green Beans Grapes Brownie	<b>5</b> Swiss Steak Mashed Potato w/Gravy California Blend Vegetables Banana	<b>6</b> Baked Lemon Pepper Fish Fillet Broccoli & Rice Bake Cinnamon Applesauce Pudding Option B: Ham & Cheese Sandwich
<b>9</b> Ham & Veggie Omelet TriTator Carrots Berries Muffin	<b>10</b> Caribbean Pork Chop Wild Rice Tomatoes Whole Wheat Dinner Roll Banana	<b>11</b> Harvest Veggie Soup 1/2 Chicken Salad Sandwich Peaches Fruit Yogurt	<b>12</b> Cheese Quesadilla Black Bean Mango Salsa Doritos Chips Cherry Pineapple Crisp	<b>13</b> Baked Cod Macaroni Salad Broccoli & Carrots Apricots Option B: Beef & Bean Burrito
<b>16</b> Honey Garlic Meatballs Potatoes Cauliflower Bananas	<b>17</b> Corned Beef & Cabbage Mashed Potatoes Emerald Pears Frosted Poke Cake Happy St. Patrick's Day!	<b>18</b> Beef & Bean Soup Garden Salad Crackers Fruit Cocktail Apple Crisp	<b>19</b> Chef's Choice Hotdog Baked Beans Chips Pineapple Cookie	<b>20</b> Baked Fish Potatoes Cauliflower & Peas Mixed Fruit Oatmeal Raisin Bar Option B: Ham & Veggie Omelet
<b>23</b> Crispy Pizza Burger on Bun Italian Vegetables Diced Pears Apple Cake	<b>24</b> Apple Cranberry Chicken Rice Pilaf Mixed Vegetables Banana	<b>25</b> Ham & Bean Soup Broccoli Salad Cran Pineapple Salad Cornbread	<b>26</b> Seasoned Pork Chop Cheddar Mashed Potatoes Brussels Sprouts Mandarin Oranges Cookie	<b>27</b> Cheesy Broccoli Tuna Bake Carrots Dark Sweet Cherries Dessert Option B: Ham & Cheese Sandwich
<b>30</b> Chicken Pot Pie Brussels Sprouts Pineapple Cake	<b>31</b> Herb Pork Chops Garden Blend Rice Spinach Banana	<b>TO ORDER A MEAL OR CANCEL A MEAL, CALL 641-792-7102 DO NOT TEXT THIS NUMBER.</b>	On fish days we will offer an option B for those who don't like fish--you must call the day before to receive Option B	

\*\*Milk offered with all meals. Whole wheat bread available upon request. All meals meet 1/3 of the Recommended Dietary Allowances (RDA) for older adults.

*Stephanie Thompson*