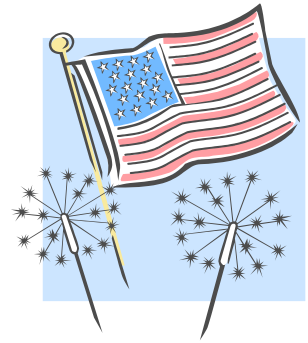


**JULY
2026**

**Jasper County Senior Nutrition
2401 First Ave E.
Newton, Iowa 50208
641-792-7102**

**www.jasperia.org—Departments—Senior Nutrition
E-Mail: kvanmanen@jasperia.org**



Providing Congregate and Home Delivered Meals in Jasper County

GREETINGS FROM SENIOR NUTRITION

*Senior Nutrition will be closed on Friday, July 3 for Independence Day. Home Delivered clients will receive extra food on Thursday, July 2.

*Updated Consumer Intake forms are included with the July menu/newsletter. The form must be completed by July 17. Please fill it out completely and then return it to your driver or call us at 641-792-7102 for assistance in filling it out. This form is what allows the meals to be provided for a donation instead of full price.

*If you live in Newton, Colfax or Monroe and you have transportation and are physically able, you are encouraged to come to the congregate sites to eat instead of having meals delivered to your home.

*A huge thank you to everyone who contributed to the Garage and Bake Sale on June 25 & 26.

MEALS ARE FUNDED BY:

- *Jasper County
- *Aging Resources of Central Iowa
- *Client Donations
- *Elderly Waiver/
Medicaid
- *Memorials
- *Fundraisers

*Supplemental Food for Seniors is available for those who qualify. The food received includes shelf stable milk, non-fat dry milk, rice or pasta, ready-to-eat cereal, farina, or oatmeal, peanut butter or dry beans, canned meat or fish, bottled juices, canned fruits, canned vegetables, and cheese. Please call 1-877-288-3655 to find out more.

-Kelli Van Manen, Program Director