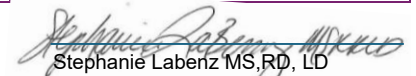


July 2025

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--------------------------|-------------------------|---------------------------|-----------------------------|
| | 1 | 2 | 3 | 4 |
| TO ORDER A MEAL OR CANCEL A MEAL, CALL 641-792-7102. DO NOT TEXT THIS NUMBER. | BBQ Chicken | Tuna Salad Sandwich | Bubble Up Chicken Pot Pie | CLOSED |
| | Friendship Garden Salad | Easy Summer Pasta Salad | Roasted Beets | |
| | Banana | Apple | Warm Cinnamon Pears | |
| | Oatmeal Raisin Cookie | Muffin | | |
| | | | | |
| 7 | 8 | 9 | 10 | 11 |
| Egg Roll Casserole | Baked Steak w/ Gravy | Breakfast Bomb Sandwich | Taco Burger on Bun | Cook's Choice |
| Oriental Vegetables | Mashed Potatoes | Cucumber Pasta Salad | Lettuce/Tomato Slice | Chef Salad |
| Mango & Pineapple | Corn | 24 hour Fruit Salad | Santa Fe Rice & Beans | Crackers |
| Apple Cake | Blueberries | | Banana | Mandarin Oranges |
| | | | | Apple Crisp |
| | | | | |
| 14 | 15 | 16 | 17 | 18 |
| Breaded Pork Sandwich | Sweet & Sour Chicken | Fish Sticks | Creamy Italian Chicken | Beef Burrito Bowl |
| Party Pasta Salad | Brown Rice | Mixed Green Salad | Garlic Butter Noodles | Doritos |
| Berry Cup | Oriental Vegetables | Crackers | Broccoli | Salsa |
| | Mandarin Oranges | Applesauce | Banana | Pineapple |
| | | | | |
| 21 | 22 | 23 | 24 | 25 |
| BBQ Ribs | Lemon Pepper Fish | Maidrite on Bun | Vegetable Lasagna Bake | Biscuit Egg Casserole |
| Macaroni & Cheese | Garden Wild Rice | TriTator | Garlic Breadstick | Country Style Potatoes |
| French Green Beans | Cascade Blend Vegetables | Carrot & Celery Sticks | Cottage Cheese & Peaches | Fresh Oranges |
| Fruit Cocktail | Seasonal Fresh Fruit | Apple | Peanut Butter Cookie | Apple Butterscotch Fluff |
| Blueberry Cobbler | Frosted Banana Cake | | | |
| | | | | |
| 28 | 29 | 30 | 31 | MEALS ARE FUNDED BY: |
| Baked Fish | Creamy Pesto Turkey Bake | Cook's Choice | Beef Pot Roast w/ | *JASPER COUNTY |
| Rice | Friendship Garden Salad | Casserole Day | Roasted Vegetables | *AGING RESOURCES |
| Zucchini Coins | Breadstick | Baked Beans | Dinner Roll | *CLIENT DONATIONS |
| Berry Cup | Strawberry Applesauce | Grapes | Berry Cup | *ELDERLY WAIVER/MEDICAID |
| Blonde Brownie | | Dessert | Butterscotch Dessert | *FUNDRAISERS *MEMORIALS |
| | | | | |

*Milk offered with all meals. All meals meet 1/3 of the Recommended Dietary Allowances (RDA) for older adults.


Stephanie Labenz MS, RD, LD