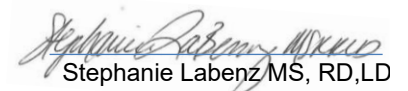


February 2026

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Chicken Tetrazzini	Swedish Meatballs	Chicken Breast	Cook's Choice	Crispy Fish
Peas	Mashed Potatoes	Herbed Rice	Hot Dog	Cheesy Tators
Berries	Scandinavian Vegetables	Green Beans	Baked Beans	Vegetable Blend
Cranberry Oat Square	Banana	Cherries	Potato Chips	Strawberries
		Vanilla Pudding	Diced Mango	
9	10	11	12	13
Country Fried Chicken w/ Gravy	Egg, Ham, Cheese & Veggie Omelet	Baked Chicken	Salisbury Steak	Chicken Noodle Soup
Mashed Potatoes	Sweet Potato Casserole	Rice Pilaf	Mashed Potatoes & Gravy	Vegetable Blend
Brussels Sprouts w/ Craisins	Broccoli	Corn	Seasonal Vegetables	Cinnamon Peaches
Orange	Berry Cup	Apricots	Diced Pears	Cookie
		Fruit Crisp		
16	17	18	19	20
CLOSED	Creamed Chicken over	Pulled Pork on Bun	Broccoli Alfredo	Soup
President's Day	Mashed Potatoes	Creamy Coleslaw	Italian Blend Vegetables	Corn
	Succotash	Green Beans	Garlic Bread	Berry Cup
(A frozen meal will be sent out the	Pineapple	Banana	Grapes	Cookie
week of Feb. 9 for this day-please	Blueberry Buckle		Vanilla Almond Cake	
call to cancel if you don't want it)				
23	24	25	26	27
Pork Chop	Herbed Baked Chicken	Herbed Fish Fillet	Beef Macaroni Casserole	Chili
Buttered Noodles	Mashed Potatoes	O'Brien Potatoes	Parslied Cauliflower	Cinnamon Roll
Broccoli	Mixed Vegetables	Peas	Strawberries	Sweet Pepper Slaw
Peaches	Banana	Apricots	Oatmeal Butterscotch Bar	Blush Cinnamon Pears
		Dessert		
The frozen meal sent out			MEALS ARE FUNDED BY:	
for Feb. 16 (when we are	TO ORDER A MEAL		*JASPER COUNTY	
closed) will be:	OR CANCEL A MEAL,		*AGING RESOURCES	
Enchilada	CALL 641-792-7102		*CLIENT DONATIONS	
Spanish Rice	DO NOT TEXT THIS		*ELDERLY WAIVER/MEDICAID	
Corn	NUMBER.		*FUNDRAISERS *MEMORIALS	
Fruit Cup				

**Milk offered with all meals. All meals meet 1/3 of the Recommended Dietary Allowances (RDA) for older adults.


Stephanie Labenz MS, RD, LD