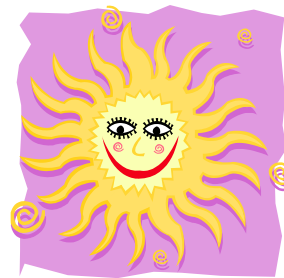


**AUGUST
2026**



**Jasper County Senior Nutrition
2401 First Ave E.
Newton, Iowa 50208
641-792-7102
<https://jasperia.org>**



Providing Congregate and Home Delivered Meals in Jasper County

Aging Resources of Central Iowa's Information & Assistance

Aging Resources should be the first call you make.

Aging Resources of Central Iowa's Information & Assistance (I & A) Specialists listen to you and share ideas about programs or agencies that might address your concerns. They can assist you in getting connected to available services and to answer the many questions that you have about aging or living with a disability.

Whether you have questions about housing or transportation, programs or services to help you stay in your home, or you are just wondering what type of assistance is available to you, make your first call to Aging Resources.

If you are an adult 60+ years of age or a person with a disability who is 18+ years of age, contact an I&A Specialist with any of your questions. Call Aging Resources at (515) 255-1310 or (800) 747-5352. Emails are welcomed at info@agingresources.com.

Updated Consumer Intake forms were included with the July menu/newsletter and were due July 17. Thank you to all who returned the forms. If you have not returned your filled out form, it is overdue. Forms should be returned to your driver or you can call us at 641-792-7102 for assistance in filling it out. These forms enable us to provide the meals to you for a donation, instead of charging you \$9.29/meal. **If you call our office, we will help you fill it out over the phone.**