

August 2026

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
French Onion Meatballs	BBQ Pork on Bun	Lemon Chicken	Chef's Choice	Country Fried Steak
Mashed Potatoes	Green Beans	Garlic Parmesan Pasta	Hotdog	Mashed Potatoes/Gravy
Corn	Seasonal Fruit	Caesar Veggies	Baked Beans	Country Trio Vegetables
Apricots		Mandarin Orange Cup	Chips	Strawberry Cobbler
Chocolate Peanut Butter Bar			Fruit Cup	
10	11	12	13	14
Orange Glazed Chicken	Philly Cheesesteak Bake	Butter Crumb Fish Fillet	Beef Pepper Steak	Chef's Choice
Rice	Garlic Bread	Potatoes & Onions	French Onion Rice	Egg Salad Sandwich
Green Beans	Pickled Beets	Broccoli	Peas	Pasta Salad
Mango & Pineapple	Cinnamon Peaches	Bread	Banana	Carrots
		Seasonal Fresh Fruit		Fruit Cup
		Opt. B: Ham & Veggie Omelet		ALL COLD MEAL
17	18	19	20	21
Chicken Pesto Alfredo	Crunchy Fish Sandwich	Chicken	Apple Butter Pork Chop	Spaghetti w/Meat Sauce
California Blend Veggies	Hashbrown Patty	Mashed Potatoes	Wild Rice Blend	Broccoli
Blueberries	Coleslaw	Spinach Au Gratin	Country Trio Vegetables	Garlic Toast
	Fruit Cocktail	Pineapple	Banana	Pears
	Cookie	Cherry Crisp		
	Opt. B: Turkey & Cheese Sandwich			
24	25	26	27	28
Tuna Casserole	Parmesan Meatloaf	Summer Herb Fish	Country Fried Pork Tenderloin	Chicken Salad Sandwich
Peas	Caesar Pasta Salad	Rice	Potatoes	Creamy Cucumber Salad
Fruit Cocktail	Corn	Carrots	Country Trio Vegetables	Pretzels
Brownie	Banana	Watermelon	Fruit Cup	Apple
		Dessert		
		Opt. B: Chicken Strips		ALL COLD MEAL
31	MEALS ARE FUNDED BY:		TO ORDER A MEAL OR CANCEL A MEAL, CALL 641-792-7102 DO NOT TEXT THIS NUMBER.	Meals may be picked up in Newton, Colfax and Monroe if you would prefer not to have them delivered. Call 641-792-7102 to make arrangements.
Cheeseburger	*JASPER COUNTY			
Baked Beans	*AGING RESOURCES			
Pineapple	*CLIENT DONATIONS			
Oreo Fluff	*ELDERLY WAIVER/MEDICAID			
	*FUNDRAISERS *MEMORIALS			

Milk offered with all meals. Whole wheat bread available upon request. All meals meet 1/3 of the Recommended Dietary Allowances (RDA) for older adults.

