Jasper County Cares Coalition Meeting Agenda - DRAFT Wednesday, September 10, 2025, at 10:30 AM

Location: 315 W 3rd St N., Large Conference Room, Newton, Iowa 50208



Mission: To enhance the awareness of health & human service resources & promote collaboration to serve Jasper County better.

Vision: Safe, healthy, and connected Jasper County.

Sign-in and information table: Please bring information or giveaways for the resource table. We keep track of attendance. If someone doesn't attend for a calendar year, we remove them from the distribution list.

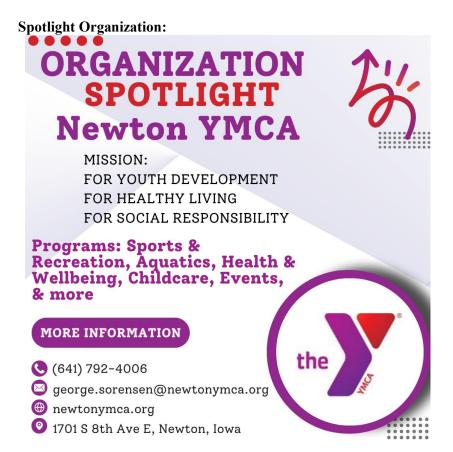
Welcome/Updates: New Contacts or attendees. Welcome folders are available. New contacts since post packet:

- Sarah Glenn, VA, sara.glenn@va.gov
- Lindsay Porter lporter@orchardplace.org, Orchard Place, No longer at Colfax-Mingo schools
- Amye Ramsey, Iowa PCA (Iowa Primary Care Association) amye.ramsey@iowapca.org
- Michel Metts michael.metts@mercyone.org New pediatrician at Mercy One Newton.

Resource Guide: numerous updates. Check your agency.

Jasper County Cares Information:

- Website and Facebook
- Events: https://www.jasperia.org/calendar/ Check your events and submit events to the County calendar. If you have questions, contact: Jenn Cross, at jcross@jasperia.org
- Resource Guide: https://www.jasperia.org/resources/
- Contact: Becky Pryor jaspercocares@jasperia.org. If your information changes, please let us know.



Newton YMCA, George.Sorensen@newtonymca.org

List of the upcoming YMCA events (flyers in packet)

- 1. Maker Mondays geared toward no school Mondays.
- 2. Homeschool Series engaging families that homeschool with elective options. (partnering with Jasper Co. Conservation)
- 3. Parent and Me after work for working families that want a parent and me structure.
- 4. Mommy and Me Strides Club Indoor Stroller walking club for moms.
- 5. Nerf Wars Structured Nerf Battle Night for Elementary Kids (partnering with Flamingos High School Team)
- 6. Middle School Night The Y closes to the public and open to MS students only. Food, Games, Teen Zones and Water Monster Swim (partnering potentially with ICC, wanting more partners for this).
- 7. Oct. 1 Healthiest State Day Going to Berg and working with PE teachers that day. (partnership with BMS PE teachers & ISU Extension).
- 8. Red and Black Block Party YMCA zone for chalk, face paint, and bubbles (partnered with HyVee, NCSD, Mainstreet & Newton Chamber). Sept 18th.

Misc:

- <u>Jasper County Opioid Settlement</u> updates
- <u>Iowa Healthiest State Walk, October 1</u> If you are interested contact <u>Cookie</u> at the <u>Newton YMCA</u>
- <u>Jasper County RSVP</u> Connection Calls- see flyer. Always accepting volunteers.
- <u>Iowa Primary Care Association (PCA)</u>: Behavioral Health System Navigation noncrisis, Monday-Friday **515-505-8988**, Amye above. Your Life Iowa, 855-581-8111. Resource for housing issues too. *Please share with your staff!*
- Mobile Crisis Unit, Eyerly Ball, Your Life Iowa, 855-581-8111 Map
- DMACC Nursing Fair in Newton, September 24th. Contact: Kara Dirksen, kdirksen@dmacc.edu
- A special thank you to <u>HyVee</u> for donating water bottles and snacks for a homeless outreach project.
- Laundry: <u>Capstone</u> is still working on a plan. Thank you to UL for donating dryers and washers to Capstone.
- Housing flow sheet: newest version. Note: Capstone does not give out hotel vouchers.
- American Lung Iowa: 6 pages attached reports.

Schools: Meeting after main meeting today at about 11:30 AM

- School contact list
- Red Ribbon Week is October: Theme this year:



- Summary list of resources: handout during the meeting.
- Immunization Audits for Schools and Daycares- starting this month. Contact: Kristina Winfield, RN
- <u>Iowa Community Health Conference:</u> Sponsored by Iowa PCA
- Updates:
 - o Newton
 - o PCM
 - o Baxter
 - o Colfax-Mingo
 - o Lynnville- Sully

We want to welcome pediatrician, Dr. Michael Metts! He is accepting new patients.

MercyOne Newton Pediatrics Care 300 N 4th Ave E Suite 140A

Newton, IA 50208

Tel: 641-787-5437 (Kids)



J. Michael Metts, DO, is a board-certified pediatrician at MercyOne Newton Pediatrics Care. He specializes in oral health care, immunizations, developmental and behavioral medicine, and care for infants after NICU. He's active in the medical community as a member of Cavity Free Iowa and as an Oral Health State Champion for the One Hundred Million Mouths Project in collaboration with Harvard and UMASS.

Education & Certifications

Residency: University of Missouri

Medical School: Des Moines University

Fellowship: American Academy of Pediatrics, American College of Osteopathic Pediatricians

Board Certifications: Pediatrics, American Board of the American Academy of Pediatrics

http://bit.ly/45RCFcc MercyOne Newton Medical Center

Member Introductions/Share (1 minute for each person)

- Please stand up & state your name, organization, services provided, any changes, projects, events, etc.
- Volunteer needs or job openings. Take a moment for any questions.
- Share one good thing that happened last month.

Next Meeting: Wednesday October 8, 2025, 10:30 AM



Upcoming Organizational Spotlights:

- October 8: <u>Progress Industries</u>, Keith Isley, <u>Keith.Isley@progressindustries.org</u>
- November 12: <u>Jasper County Veterans Office</u>, Ray Maxey, <u>rmaxey@jasperia.org</u>
- December <u>EFR</u>, Employee and Family Resources, Lauren Asman, <u>lasman@EFR.ORG</u>

2026 schedule We will be scheduling topics and speakers. What would you like to hear?

- January- no meeting
- February 11: Wesley Life Hospice and Palliative Care, Aime Spores, <u>aspores@wesleylife.org</u>
- March 11: Disability Access Point, Julie Gibbons, <u>Julie.Gibbons@polkcountyiowa.gov</u>
- April 8: (Julie Smith will lead), Jaime Paca, Clive Behavioral jaime.paca@uhsinc.com
- May 13: OPEN
- June 10: Jasper County Senior Nutrition, Kelli Van Manen, kvanmanen@jasperia.org
- July: Networking Event
- August: OPEN
 September: OPEN
 October: OPEN
 November: OPEN
- December: Annual awards banquet



If you have any suggestions, please let us know. Jasper County Cares Leadership Committee

- Becky Pryor, Jasper County Health Dept.
- Connie McQuiston, Jasper County General Assistance Director
- Julie Smith, Director, Capstone Behavioral Healthcare
- Rita Baker, Director, Pregnancy Center of Central Iowa
- Rob Burdess, Chief, City of Newton Police Department
- Becca Decker, Jasper County Habitat for Humanity
- Keri Schippers or Lauren, Mercy One Newton
- Are you interested in the leadership committee? Open spot for a male. Must attend the Cares meetings







The Newton YMCA has served as a community hub focused on promoting healthy living, youth development, and social responsibility for all.

INTRODUCTION

George Sorensen - CEO

- Began in Newton on October 28, 2024
- Wichita YMCA 5.1 years
- Tampa, FL YMCA 9.5 years
- Jacksonville, FL YMCA 6.6 years
- 22.4 Years of YMCA experience
- 5.8 Years of additional wellness experience
- 28.6 Years of industry experience!



Steve Clark YMCA at WSU



Opti-Life Vitality Club + Spa



NON-PROFIT

501(c)(3) – The Newton YMCA is the largest non-profit charitable organization in Jasper County and its purpose is to be available for everyone regardless of their circumstance.

MISSION STATEMENT

To put Christian principles into practice through programs that build healthy spirit, mind, and body for all.

CORE VALUES

Honesty, Caring, Respect, Responsibility

OUR FOCUS

The Newton YMCA is an inclusive organization of individuals joined together by a shared commitment to nurturing the potential of kids, promoting healthy living and fostering a sense of social responsibility.

HISTORY OF THE YMCA

1. YMCA FOUNDED - JUNE 6, 1844 - 180 YEARS

- Sir George Williams

2. NEWTON YMCA FOUNDED - 1874 - 150 YEARS

 Has existed in churches, gyms, banks and buildings around Newton for 150 years.

3. ORIGINAL YMCA BUILT - 1927

F.L. Maytag personal pledge \$250,000

4. EXISTING YMCA BUILT - 1976

- Newton Community Center opens hosting the YMCA and NCT
- Renovations 1985, 2000, 2008, 2012, 2013

5. CAPITAL ENDOWMENT GIFT - 2015

Brad and Mary Manatt \$5M for capital

6. FACILITY OWNERSHIP - 2016

- Trustees of Newton Community Center, Inc. dissolve and forward ownership to the YMCA
- Last major renovations takes place.

YMCA - THEN AND NOW



NEWTON YMCA 1927-1976



NEWTON YMCA 1976 - PRESENT

MEMBERSHIP

- Youth, college, adult, family, and senior categories.
- Fitness center, group exercise classes, gyms, pool, and many more amenities.
- Financial Assistance offered to ensure affordability "for all".

CHILDCARE

- Supporting working families.
- Preschool, before and after-school, and spring and summer care.
- Provides safe and nurturing environment for children.
- Focus on developmentally appropriate activities.
- Promote physical, social, and emotional growth.
- Blends education and recreation curriculum.





HEALTH & WELLNESS

- Offering various fitness programs, classes, and resources.
- Consultations, group exercise classes, personal training, wellness workshops.
- Amenities include fitness weights, cardio, walking track.

AQUATIC CENTER

- Swimming lessons, water fitness classes, swim team, and recreational swimming and competitive swimming events.
- Lifeguard, CPR and first aid trainings
- Water Safety Around Water (SAW)
 courses for 2nd graders and Progress
 Industries programs for individuals with
 disabilities.
- Open swim, hot tub and sauna.





YOUTH SPORTS

- Volunteer led leagues and clinics designed for different age groups and skill levels.
- Focus on teaching children fundamentals of basketball, soccer, flag football, gymnastics, etc.
- Promoting teamwork, sportsmanship, skill development, inclusivity, and healthy competition.



ADULT SPORTS

- Adult sports provide opportunities for 18+ to engage in recreational and competitive sports.
- Offerings include leagues for pickleball, basketball, softball, flag football, and futsal.
- Foster community connection, engagement, social interaction, among participants.



COMMUNITY EVENTS

- YMCA hosts a variety of community events throughout the year, such as the senior health fair, family nights, fundraising events, and seasonal celebrations. These events aim to bring members and the community together, promoting social connections, wellness education, and community service. The YMCA often collaborates with local organizations to support community needs and encourage participation from all demographics.













COMMUNITY SUPPORT

The YMCA has been blessed with generous, caring individuals,

organizations, and business partners!

In May 2012, the YMCA childcare center was inaugurated, realizing EK and Nancy Shaw's \$750,000 vision to enhance the Newton YMCA, uplift the community, and positively impact the lives of countless future generations.

In December 2015 the Newton YMCA received a Capital Endowment Gift of \$5 million from Brad and Mary Manatt. The gift was awarded to be used for present and future capital need projects of the YMCA.





THE FUTURE NEWTON YMCA





DESIGNED TO MAKE AN IMPACT

Expanding the facility will enrich existing fitness programs, develop a youth-focused center, and offer new amenities for individuals and families.

The expansion will include updating and expanding the weight room, adding recreational sports and gym space, and creating a teen center.

The new teen center will house youth development and offer a much-needed safe space for teens to meet and connect with one another. New sports and additional gym space, including a tennis/pickleball court, will alleviate programming issues and offer a variety of programs to attract a diverse group of members. The facility will accommodate additional locker rooms, office space, and fitness studios to serve our growing membership.

80%

New space will support mission-driven activities

Pickleball courts, basketball court, fitness studio, fitness area promote youth development and healthy living



20%-

New space will consist of visitor support services and administrate support

Accessible locker rooms and open office spaces will encourage a welcoming environment for all.



THANK YOU

Q & A

Upcoming Newton YMCA Newton Dept. Family Dept. Classes & Events

SEPT

15

5:30PM - 6:00PM

Parent & Me "After Work" Class SEPT

29

4:00PM - 5:00PM

Maker Monday Elementary SEPT

29

1:00PM - 3:00PM

Maker Monday Middle School

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3

6:00PM - 9:00PM

Nerf Wars Night

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6

11:15AM - 12:00PM

Homeschool Nature Kids Classes

7

9:30AM - 10:15AM

Mommy & Me Strides

OCT

7

1:00PM - 2:00PM

Homeschool Mini Art Classes -----

7

11:15AM - 12:00PM Homeschool Art Classes (Elementary - MS)

OCT

24

TBA

Fall Family Festival

NEWTON YMCA MAKER MONDAYS MAKING THE MOST OF "NO SCHOOL" MONDAYS

Maker Mondays at the YMCA spark creativity and curiosity on days when school is out. Children will dive into hands-on projects that blend art, building, and exploration. Each session includes a themed craft and engaging activity that encourages problem-solving, teamwork, and self-expression. Our goal is to turn a day off from school into a time of discovery and memory making.

THEME: VIRAL TIKTOK CRAFTS & ACTIVITIES CRAFT: BEADED BAG CHARMS & COLLAGE PORTRAITS

ACTIVITY: MAKE YOUR OWN SLIME SNACK: GOLDFISH & ROOT BEER FLOATS

Monday Time Grades Location

September 29, 2025 1pm - 3 pm 4th-7th YMCA Kid Zone

NON-MEMBER: \$30 MEMBER: \$20



NEWTON YMCA ELEMENTARY MAKER MONDAYS MAKING THE MOST OF "NO SCHOOL" MONDAYS

Maker Mondays at the YMCA spark creativity and curiosity on days when school is out. Children will dive into hands-on projects that blend art, building, and exploration. Each session includes a themed craft and engaging activity that encourages problem-solving, teamwork, and self-expression. Our goal is to turn a day off from school into a time of discovery and memory making.

THEME: NO SCHOOL MONDAY CRAFT: BEADED BAG CHARMS & LITTLE MONSTERS

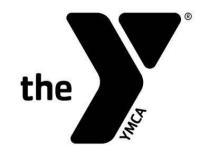
SNACK: GOLDFISH & CHOCOLATE MILK

Monday Time Grades

Location

September 29, 2025 4pm - 5pm 2nd-3rd YMCA Kid Zone

NON-MEMBER: \$30 MEMBER: \$20



HOMESCHOOL ART WORKSHOP SERIES

The YMCA's Education & Homeschool Programs provide a supportive environment for families pursuing alternative education, fostering health, wellness, and community for students to develop academically and socially. Our programs are designed to nurture curiosity, build life skills, and encourage a lifelong love of learning.

WEEK 1 - FOOD SCULPTURES

WEEK 2 - PAINTING FOOD SCULPTURES

WEEK 3 - SCULPT YOUR OWN STAMPS

WEEK 4 - AGAMOGRAPH CREATIONS

October Tuesdays Ages Location

7th - 28th 11:15am - 12pm 8 - 15 YMCA KID ZONE







HOMESCHOOL NATURE KIDS SERIES

The YMCA's Education & Homeschool Programs provide a supportive environment for families pursuing alternative education. Our Nature Kids program introduces the exciting world of animals, plants and natural resources to children. Our goal is to teach school age students environmental appreciation through hands-on activities, crafts, games and stories.

WEEK 1 - SNAKES (TEXTILES)

WEEK 2 - DEER (LIFE CYCLE)
WEEK 3 - BEAVER (ENGINEERING)
WEEK 4 - BEE VS. WASP (COMPARE & CONTRAST)



6th - 27th 11:15am - 12pm 7 - 13 YMCA Kid Zone





HOMESCHOOL ART WORKSHOP SERIES FOR MINIS

The YMCA's Education & Homeschool Programs provide a supportive environment for families pursuing alternative education, fostering health, wellness, and community for students to develop academically and socially. Our programs are designed to nurture curiosity, build life skills, and encourage a lifelong love of learning.

WEEK 1 - PAPER SCULPTURES (MOTOR SKILLS)
WEEK 2 - SLEEPY BEARS (PATTERNS)

WEEK 3 - SCRATCH ART (MINDFULNESS)
WEEK 4 - LEAF FAMILY (COLOR TEMPS)

October Tuesdays Ages Location

7th - 28th 1pm - 2pm 6-7 YMCA KID ZONE







Why should Parent & Me fun only happen in the morning? We're bringing Parent & Me to the evening so working families don't miss out! From 5:30–6:00 PM, kids will giggle their way through sensory play. Little ones can explore squishy, bumpy, soft, and silly textures, while parents get to chat and connect. Then it's time to sing, shake, and groove together with music before heading home for dinner.

SENSORY TIME FOLLOWED BY MUSIC & MOVEMENT

Mondays, Sept. Time Ages Location

15th, 22nd & 29th 5:30pm - 6pm 9 months - 2 years old Studio B



NON-MEMBER: \$20 MEMBER: FREE



MOMMY & ME STRIDES CLUB

Designed just for moms who are expecting or caring for little ones (prenatal—age 2), this group combines community, gentle movement, and baby-friendly fun. We'll begin with sensory play for babies and toddlers, then move to the indoor track for a family-friendly walk. Strollers, baby carriers, and bumps are all welcome!

WHEN TUESDAYS IN OCTOBER

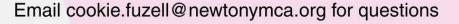
TIME 9:30AM - 10:15AM

WHERE YMCA INDOOR TRACK



NON-MEMBERS: \$15 FOR THE MONTH





NEWTON YMCA PRESENTS



FRIDAY OCTOBER 3, 2025

TIME 6:00PM - 9:00PM

AGES 7 - 9

MEMBERS \$25

NON-MEMBERS \$30



NERT BATTUES



MUST REGISTER BY SEPT. 26 TO PARTICIPATE

THIS IS A FUNDRAISER FOR THE NEWTON FLAMINGOS TEAM



NEWTON

MIDDLE SCHOOL SCHOOL EVENTS



9.18

RED & BLACK BLOCK PARTY

Join the YMCA at the Block Party for free chalk, face paint & bubbles. Located on the Square in Newton. 4:30pm-9:30pm

9.29

MAKER MONDAY

It's No School Monday. Make a beaded binder charm, your own slime and paper portrait. Root Beer Floats & Goldfish Snack.

1pm-3pm @ the Y.

MIDDLE SCHOOL NIGHT @ THE Y

10.8

The Y is hosting a Middle School Only Night. The pool will be themed "Water Monsters." Inside the Y will be crafts, snacks, games & hangout zones.

Must Register by Oct. 9th. 7:00pm - 9:00pm

\$15 Non-Member

\$10 Member

FALL FAMILY FESTIVAL

10.24

Come to the YMCA for Trunk or Treat & Indoor Halloween Festivities.



- 18 Holes 4-person best ball
- Prizes Drawings, holes, flights
- Lunch

SPACE IS LIMITED REGISTER NOW

at newtonymca.org or email george.sorensen@newtonymca.org

Westwood Golf Course

3387 Hwy F48 W Newton, IA 50208







THURSDAY SEPTEMBER 25

11:30 - Check in
12:00 - Lunch
1:00 - Shotgun Start

Sponsorship & Individual Opportunities Available!

ALL PROCEEDS GO TO THE NEWTON YMCA'S ANNUAL SCHOLARSHIP FUND TO SUPPORT CAMPS, DAYCARE, ACTIVITIES, AND YOUTH DEVELOPMENT



SPONSORSHIP OPPORTUNITIES

BUSINESS/FAMILY NAME:

"YES! I WANT TO SUPPORT!"

THANK YOU TO OUR TITLE SPONSOR:





INDIVIDUAL \$75 FOURSOME \$250	 "HOLE IN ONE" SPONSOR - \$500 Large Business Logo or Family Name on Banner
	 Tee Box Sign with Logo or Family Name 4 Golf Registrations Included
PLAYER NAMES 1	<u></u>
2	"EAGLE" SPONSOR - \$350
3	 Medium Business Logo or Family Name on Banner
4	
MAKE CHECKS PAYABLE TO NEWTON YMCA 1701 S 8 TH AVE E, NEWTON, IA 50208	"BIRDIE" SPONSOR - \$125Small Business Logo or Family Name on Banner

The Jasper County Opioid Settlement Committee is accepting funding applications for substance misuse. More information next week



Deadline TBD



For more information, see the website. https://www.jasperia.org/health/opioid_settlement/

Jasper County Housing Referral Flowsheet

Version 20 – Draft (9.4.2025)

Goal: We offer resources to help people be self-sufficient. We will not enable people.

Step 1: Intake / Questions to Ask

- Demographics:
 - o Name:
 - o DOB:
 - o Contact (phone/email):
 - o Address:
 - o Jasper County: Yes or No
 - o Employment/Income: job, low income, retired

0

• **Household:** Who lives in the home and ages?

0

0

• Current Living Situation: e.g.: homeless, own, rent, lives with others

0

• Other Supports: e.g. family, friends, neighbors, church, school, other

• Current Housing Issue: e.g., homeless, can't pay rent/mortgage, utilities, disconnect, eviction notice, landlord issues, repairs, ramp, furniture

0

- Barriers: e.g., criminal record, pets, ID, deposit, phone, job, lack of planning, etc.
- Have they tried other resources/agencies already? (Who and when)

0

- Are you willing to accept help? yes or no
- Release of Information, if necessary. Use your agency forms.

Step 2: Special Populations in Family

- Seniors (62+): If low income, Aging Resources of Central Iowa / USDA grant and loan.
- Veterans: Jasper County VA.
- Children:
 - o Children/youth (3–21):

- Refer to school district homeless liaison (McKinney-Vento funds)
- o **Pregnant:** Pregnancy Center of Central Iowa
- Childred removed from the home:
 - Open Arms Foundation of Jasper Co
 - IHHS, Parent Partners, Four Oaks
- Justice-involved: Capstone BH, Jill
- Disabled:
 - o DAP Polk County
 - o Progress Industries for housing
 - o Aging Resources of Central Iowa
- Mental Health: Capstone BH for assessment, referrals, and treatment
 - o Noncrisis: Iowa PCA: Behavioral Health Navigator
 - o Crisis: Eyerly Ball
- Substance Abuse: Capstone BH assessment, referrals

Step 3: Immediate Housing Status

- Homeless/Unhoused?
 - \circ Yes \rightarrow Ask if they want help.
 - o Refer to Iowa PCA. Give phone number.
 - o If need shelter or immediate \rightarrow Refer to Iowa Housing Help & CISS.
 - o If mental health and substance, refer too Capstone BH for an assessment
- After hours:
 - o Crisis: Call 988 or https://988lifeline.org or Your Life Iowa
 - o Supplies: **Joppa** (snacks, water, resources).
 - o Showers:
 - Discover Hope (business hours)
 - Newton Y (fill out form, 30 min limit).
 - Laundry: Neighbor Helping Neighbors working with Capstone BH, Connection Center to set up a process. (Julie Smith is working on this.)
 - o Homeless Outreach: Tom Troxell (Homeless Ministry Outreach).
 - He will make referral.
- Shelter Options (if willing & transportation available):
 - o CISS (24/7 Emergency Shelter, DSM capacity 150, call ahead).
 - o Access Care Center Rapid Rehousing (Marshalltown/Ames/Boone).
 - o YSS (youth).
 - o PHC Iowa Shelter (DSM).
 - o Garden Gate Ranch (sexually exploited women).
 - o IMPACT: Park passes with Jasper County Conservation

Step 4: Assess Needs / Refer

• Utilities/Rent Assistance:

- o IMPACT Community Action (LIHEAP, \$300 rent assist).
- o General Assistance (1x lifetime, disconnect required, etc.).
- o Salvation Army (\$200/year, disconnect required).
- o Churches/Ministerial Alliance.

Mortgage Help:

- Bank/mortgage company.
- o Iowa Finance Authority, CIRHA.
- o Iowa Homeowners Assistance (up to \$25K one-time).
- o USDA loans/grants.

Poor Living Conditions:

- o Mold: USDA loans, FEMA.
- o Infestation: landlord, insurance, legal aid.
- o Landlord issues: Iowa Legal Aid.
- o Rental Inspections: Newton/Baxter, Colfax (restarting).
- Other: Raadon

• Repairs/Homeownership:

- Habitat for Humanity (Jasper Co. or DSM ReStore). Waiting list.
- o Newton grants. (If in Newton)
- o USDA low-income repair funds.
- o Seniors or Disabilities: Aging Resources of Central iowa
- o Veterans: Jasper Co. VA.

• Mental Health/Substance Use:

- o Capstone BH intake & screening.
- o Referrals to Clearview (women), Sheepgate (men), Manning,
- Capstone and Discover Hope: support groups
- o 12-step groups via churches.

Disabled:

- o Rent reimbursement program.
- o Capstone BH Group homes/day hab: Progress Industries, Capstone BH.
- Medical equipment: The Well.
- o Ramps: Kid Assist
- **Income/Employment needed:** Iowa Workforce Development.
- **Refugees:** Iowa HHS Refugee Services.
- Violence/DV: Family Crisis Center, CIS.
- Legal/Jail/Probation: Jill Robinson, Capstone BH.

• Furniture/Clothing/Household:

- o Friends in Hope (free delivery).
- o The Well, Salvation Army, Goodwill.
- o Open Arms, Pregnancy Center (kids/maternity).

• **Disaster Relief:** FEMA, Jasper Co. EMA, Red Cross.

Step 5: Always Provide Resource Guide

https://www.jasperia.org/resources/



Nama	Emails	Organization			
Name	Emails	Organization			
New to list		DOM C. L. I			
Aaron Becker	abecker@pcmschools.org	PCM Schools			
Ace Stonehocker	ace.stonehocker@agingresources.com	Aging Resources of Central Iowa			
Aimee Spores	aspores@wesleylife.org	WesleyLife Hospice and Palliative Care			
Alexis Thompson	Alexis.Thompson@SGIPRecoveryCenter.com	St. Gregory Recovery Center			
Alondra Sanchez	alondra.sanchez@micaonline.org	MICA			
Amanda Conklin	childcarecollaborativeofiowaaconklin@midsioux.org	Childcare Collaborative of Iowa			
Amanda Scalise	ascalise@impactcap.org	IMPACT			
Amanda Sinclair	Amanda.Sinclair@mercyoneiowa.org	House of Mercy, Newton			
Amanda Wobken	Amanda.Wobken@mercyoneiowa.org	MercyOne Central / Western Iowa			
Amber Tompkins	atompkins@centraliowashelter.org	Central Iowa Shelter and Services			
Amy Blanchard	amy@greaterpcf.org	Greater Poweshiek Community Foundation			
Amy Grunewaldt	amy.grunewaldt@linncountyiowa.gov	CPPC/Decat Linn County			
Amy Hansen	ahansen@impactcap.org	IMPACT			
Amye Ramsey	amye.ramsey@iowapca.org	Iowa Primary Care Association			
Andi Borsch	andi.borsch@hhs.iowa.gov	Department of Human Services IHHS, Newt			
Andy Algreen	aalgreen@kw.com	Senior Home Coach/ Gathering Place Monro			
Angela Barnell	angela.parentpartner@gmail.com	Parent Partners			
Angela Busick	angela.busick@iowa.gov	Iowa, Probation/Parole - IDOC			
Angie Wells	angie.wells@progressindustries.org	Progress Industries			
Araceli Roberts	araceli.roberts@micaonline.org	Mid Iowa Community Action Agency MICA			
Ashley Baker	ashley@tfgood.org	Together for Good			
Austin Van Manen	vanmanena@newton.k12.ia.us	Newton Police Dept, SRO Middle School			
Becca Decker	rdecker@gdmhabitat.org	Habitat for Humanity, Greater of Des Moine			
Becky Pryor	bpryor@jasperia.org	Jasper County Health Dept			
Becky Vanderbroek	bvandenbroek@pellahealth.org	Pella Regional Prairie City Clinic			
Beila Flickinger	beilaf@capstonebh.com	Capstone Behavioral Health			
Beth Andrew	bandrew@quakerdale.org	Quakerdale Family Services			
Bill Ehler	pehler@aol.com	NAMI Central Iowa			
Bill Peters	wspeters@dmacc.edu	DMACC- Des Moines Area Community Co			
Bobbi Streeter	BStreeter@pellahealth.org	Pella Regional Prairie City Clinic			
Brad Magg	Brad@maggforiowa.com	Candidate for Iowa House/Owner of Goldie'			
Brad Shutts	bshutts@jaspersheriff.org	Jasper County Sheriff's Office			
Breanna Elliott	Breanna.Elliott@phnxhouse.com	Phoenix House- Newton			
Brenda O'Halloran	bohalloran@orchardplace.org	Orchard Place- CCR&R childcare resource			
Brendan Johnson	bjohnson@immanuel.com	Immanuel Pathways			
Brett Michael	brett.michael@polkcountyiowa.gov	Jasper County Mental Health Advocate			
Brian Feist	bfeist@telligen.com	Telligen			
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Jasper County RSVP

RSVP Connection Calls Program Enrollment

Return form to:

The ISU Extension/RSVP Office (drop off or mail in)

550 N 2nd Ave W, Newton, IA 50208

		CALL PA	ARTICIPANT	INFORMATIC	N	
Name:			Date of Birth: / /			
Preferred Phone	e:		Secondary Phone:			
Address:						
City:				Zip Code:		
Marital Status:	○Married	○Single	○ Widowed	County of Ro	esidence:	
Who do you live with?	○Alone		O Spouse	○ Family	Other:	
			ABOUT Y	OU		
Every effort will	be made t	to match	you with a v	olunteer who	shares some of	your
interests and ca	n accommo	odate yo	ur schedule. I	Preferred day	time of calls:	
9am - Noon	O Noon	- 4pm	О 4рт - 7р	om PREF	ERRED DAY:	
Personal Interes	sts: (pets,	hobbies,	prior career,	etc.)		
Have you serve	d in the U	S Militar	ry? □ Yes	□ No (Gender: □ M	□F
		EN	MERGENCY C	ONTACTS		
The RSVP Condevent that the v		_		_	_	

apart and allowing the phone to ring 15 times, we highly recommend that you allow the Call Program staff to contact the person(s) you designate on the next page: Jasper County RSVP Connection Call Participant Enrollment Form (revised 8/25)

Emergency Contact 1 Name:	
Primary Phone:	Relationship:
Emergency Contact 2 Name (Optional):	
Primary Phone:	Relationship:
STATEMENT OF UNDE	RSTANDING
I understand that this Emergency Contact information will be staff will contact the individuals listed above if needed. These agree to their inclusion on this list. I understand that I have requested that a Call Program volur understand the RSVP Connection Call Program is a telephor service, telemedicine provider or medical alert service. I under not legally responsible for welfare checks. The Call Program numbers if the situation warrants, but those calls may not be lift I am not going to be home to receive a call, I will information will be staff with the situation warrants.	the individuals have been notified by me and inteer call me at a pre-arranged time. I further the reassurance program and is not a referral terstand the RSVP Connection Call Program is a requests and will contact emergency the placed until the next business day.
the day before. If I am unable to reach the Call Program staff of the change. Staff office number: 641-792-6433 and contacts may let us know as well. I understand that there will be no charge for this service and	ask for Sarah or Jasmine. Your emergency
cooperation. I permit the Jasper County RSVP to share my name and tel administering the Call Program.	ephone number for the purposes of
I have read and understand the details of the RSVP Connect of my participation.	ction Call Program and agree to the conditions
AGREEMEN	T

This institution is an equal-opportunity provider.

Signature of Applicant:

For the full non-discrimination statement or accommodation inquiries, go to https://www.extension.iastate.edu/legal.

Date:

CONTACT INFORMATION FOR JASPER COUNTY RSVP STAFF

Sarah Patterson: RSVP Director: 641-792-6433 patter@iastate.edu

Jasmine McGregor: RSVP Coordinator: 641-792-6433 jnbailey@iastate.edu





Jasper County RSVP has a new program called Connection Calls. This program involves volunteers who make a social phone call once a week for 8 weeks to Seniors in Jasper County who would like to have some conversation and fellowship.

INTERESTED IN RECEIVING A CONNECTION CALL?

- Fill out a sign-up form and return it to the ISU Extension Office by mail or drop it off: 550 N 2nd Ave W, Newton, IA 50208. You may pick up forms at the office as well.
- We will match you with a volunteer and give you all the details. We would like to start the program in October of 2025. If we have more interested in calls than we have volunteers, we will put you on the waiting list.
- Questions? Call Sarah or Jasmine at the Extension Office at: 641-792-6433

INTERESTED IN VOLUNTEERING FOR THE PROGRAM?

- If you are already an RSVP Volunteer, contact Sarah or Jasmine to get started. We would like to hold a training in September and start the program in October.
- If you are not an RSVP Volunteer yet, please contact us or stop by the office to get signed up as a volunteer, and we will get you all the necessary information about the Connection Calls program: phone: 641-792-6433. Address: ISU Extension Office/550 N 2nd Ave W, Newton, IA 50208
- Questions? Call Sarah or Jasmine at the Extension Office at: 641-792-6433

Let's make Jasper County a great place to live for all!

PROGRAM SPONSORED BY:



Need Help?

Jasper County Resource Guide

SCAN HERE



www.jasperia.org/ resources



DMACC Newton Campus



NURSING CAREER & TRANSFER FAIR

Discover CNA and nursing career opportunities in your community

Connect with local healthcare agencies

Explore pathways to earning your BSN

Enjoy complimentary food while you

la sure and returned.

learn and network



September 24 12:00-2:00 Room 210

Contact: Kara Dirksen, kbdirksen@dmacc.edu



System Navigation is a non-crisis, but time-sensitive response service that helps individuals and those supporting them — their family members, caregivers, professionals, and community members — understand, access, and connect with behavioral health supports and services across lowa.

Behavioral Health System Navigation does not provide clinical assessment, treatment, medication prescriptions or counseling services. Instead, it helps people better understand their options and get connected to what they need.

Support is provided by System Navigators – trained and experienced peer support specialists, community health workers and behavioral health professionals. They bridge barriers to care by connecting community partners, health care professionals and the individuals they serve with:

- Confidential support.
- Information and education.
- Referrals to mental health and substance use providers.
- Assistance in finding psychiatric beds, if needed.

Who can benefit from System Navigation services?

- Individuals who seek services for themselves.
- Partnering providers, such as disability access points (DAPs), social workers, law enforcement, correctional facilities, health care providers, crisis service workers, educators and schools, and others who seek assistance for people they serve.
- Family members, caregivers, or friends who seek services for a loved one. (Adults or guardians must request this service on behalf of a child or adolescent.)

Behavioral Health System Navigation connects Iowans to services that address:

- Mental health concerns.
- Substance use disorders and recovery services.
- Gambling concerns.
- Addictive disorders

System Navigation addresses financial, housing, social or employment concerns. The service also ensures access to support for rural lowans and populations with limited access to healthcare.

Who is eligible and how much does it cost?

System Navigation services are **free of charge.** There are no insurance requirements.

Starting July 1, Community Partners can contact System Navigators directly. Call (515) 505-8988.

(continued)

How do Community Partners and Providers access Behavioral Health System Navigation?

Starting July 1, Community Partners and Providers can call (515) 505-8988 to coordinate directly with Iowa Primary Care Association's Behavioral Health System Navigators.

Iowans seeking assistance can call Your Life Iowa at 855-581-8111.

Iowans seeking assistance will be connected with a System Navigator via warm hand-off during business hours.

Monday-Friday, 8 a.m.-4:30 p.m.

All calls will be returned within 24 business hours.

All callers will be connected with a System Navigator within one business day. *Immediate crises or medical emergencies should be directed to 911 or 988 (the National Suicide Prevention & Crisis Lifeline.*

Community Partners and/or the people they serve can meet with a System Navigator via a phone call or through online support. Community Partners will be notified when in-person System Navigation services are available.



The System Navigator will help all participants explore options and overcome barriers to care. They can also help find beds for individuals who need inpatient psychiatric care or community-based crisis care.

Throughout the process, the System Navigator will offer support and connection, providing "warm hand-offs" to providers and services.

You may continue to reach out to your System Navigator as needed, and they will follow up to ensure individuals received the support they needed.



TOBACCO CONTROL Quarterly Newsletter

April - June 2025

Social Wellness Month

July is Social Wellness Month, and the American Lung Association in Iowa encourages everyone to strengthen their social wellness and support system. Social wellness is an important part of our mental and behavioral health. For those wanting to quit tobacco, nicotine or vape products, support systems play a vital role in a successful quit journey. To learn more about quitting with support, visit Quitlinelowa.org, call 1-800-784-8669 or text START to 300500. And to learn more about the cessation and social support groups in your area, check out YourLifelowa.org.



Tobacco & Nicotine-Free Childcare

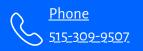


Shoutout to Beautiful Beginnings Childcare, YellowBrick Road Ankeny, and PrimRose Ankeny for implementing tobacco and nicotine-free policies!

Thank you to our childcare providers for offering a tobacco-free environment to keep children, staff and visitors safe!

Interested in learning more about how to make your childcare center or home tobacco and nicotine-free? The American Lung Association has a recorded YouTube presentation that discusses the importance and steps to make a policy change. You can access the video here: https://youtu.be/yAjz4iYyk4g









Quitline Iowa

Thank you to Athletico Physical Therapy for taking the Ask, Advise, Refer Quitline training to teach your providers how to refer patients to Quitline lowa!

Did you know, patients who are referred to Quitline Iowa by their healthcare provider are 2x more likely to quit? We encourage your clinic to reach out today to schedule an Ask, Advise, Refer training to teach providers how to help patients wanting to become tobacco-free.

Reach out to us at <u>Beth.Timmerman@lung.org</u> to schedule a training for your clinic today!



Youth Tobacco Control

Staff were able to table at the Iowa School Resource Officer (IASRO) Conference on June 17 and 18. Staff shared various resources from My Life My Quit and information on how schools can create their own quit kits, reaching 40 school resource officers and associate principals. Staff also gave a presentation at the conference titled, "Addressing Tobacco Use in Schools: Vaping prevention, cessation and alternative-to-suspension programming." Thank you to the IASRO Conference for inviting us to table and present!



American Lung Association Tobacco Resources

A new study published in the December issue of the Journal of American Dental Association highlights that ecigarette users have a higher risk for developing dental cavities. This presents a great opportunity to engage with patients seeking dental care and education. The American Lung Association has professional development trainings available to support providers in efforts to help people quit:

- · Ask, Advise, Refer to Quit Don't Switch
- ACT to Address Youth Cessation







Jasper County Tobacco Community Partnership Overview

This project is funded by the Iowa Department of Health and Human Services. Services provided by this grant are based on the Centers for Disease Control and Preventions Best Practices for Tobacco Prevention and Control. Highlighted below is the work that took place in FY2025 by American Lung Association staff.

Youth Tobacco Prevention



- 17 schools received tobacco prevention resources
- 2 schools provided training and technical assistance

Youth tobacco prevention work involves educating youth and adults, providing cessation and educational resources to schools and youth-focused organizations and establishing and supporting youth tobacco prevention groups. Community engagement presentations are focused on educating adults on tobacco and nicotine products, youth trends and resources. Higher success was found in schools among nurses, counselors and other support staff. Finally, staff worked to establish ISTEP (Iowa Students for Tobacco Education & Prevention) chapters within schools and youth groups. Staff have been able to provide financial and technical assistance to students to support the education and prevention activities each chapter does in their community. Facilitator time and committment continue to be a barrier.

Tobacco and Nicotine-free Policy



- 0 organizations implemented comprehensive policies
- 34 organizations were provided resources and technical assistance for policy

Tobacco and Nicotine-free policies help protect people from secondhand and thirdhand smoke and help people quit. Through this grant, organizations receive support to implement and/or enforce a policy that is comprehensive, applies to the entire property and all tobacco products. High success was found in childcare centers and homes with low response rates noted in overall businesses. A common reason for low interest includes belief that no current problem exists; therefore, a policy is not necessary. Tobacco policy can improve public health, create a safer environment and reduce overall healthcare costs.

Jasper County Tobacco Community Partnership Overview

Ouitline Iowa

34 program users

8 organizations received
 Quitline lowa resources and
 materials

Quitline Iowa is a free resource for all Iowans to help them recover from tobacco. Through this program, providers are able to refer patients to Quitline Iowa. Lung Association staff were able to meet with healthcare providers to increase referrals and utilization of Quitline Iowa. Highest success was found with community-based organizations with lower success in the specialized health care like dental, vision and wellness.

County Snapshox

funds for tobacco
prevention efforts in FY25

\$32,007

E-cigarettes continue to be the most used tobacco product among youth



Coalition Meeting Report

• County: Jasper

• Coalition Name: Jasper County Cares

Meeting Date: 13 August 2025Staff Attendance: Emma Krapfl

Goal 1

ISTEP Updates and Chapter Registrations

o ISTEP Chapters this Quarter

o ISTEP Chapters year-to-date

Presentations scheduled or completed

ISTEP Updates	Chapters this Quarter	Chapters YTD	Presentations	
Registration open	0	0	Goal of 3 presentations.	

Goal 2

- Policies adopted this quarter
 - Tobacco Free/Nicotine Free Policies
 - Smoke Free Homes policies
- Total current policies in county
- Presentations scheduled or completed

TF/NF Policies	SFH Policies	Total Policies	Presentations
Goal of 3			
46 total in the county	24 total in the county	70 policies already in place before FY26	0 presentations to date



Goal 3

- Quitline/MLMQ enrollments this quarter
- Quitline/MLMQ enrollments year-to-date
- Quitline/MLMQ program updates
- Presentations scheduled or completed

Enrollments this Quarter	Enrollments YTD	Program Updates	Presentations
4	4	None.	Goal of 3

Goal 4

- Media sharing, social media posts
- Event Updates can coalition members participate or share
- Provided updates on the Clean Air School Challenge.

Media Sharing Event Updates

American Lung
Association in Iowa

@Lunglowa

- o Clean Air at School | American Lung Association
- Indoor air quality (IAQ) is not only important for health, it can also affect how students learn! The American Lung Association's Clean Air School Challenge (CASC) is a new program empowering K-12 schools to assess their IAQ and develop Energy Efficient IAQ Management Plans. Schools participating in the CASC receive peer mentorship, technical assistance, training, and the opportunity to join learning collaboratives and apply for mini-grants.
- Reminded coalition members of digital resources that can be found at Lung.org.

Schools Jasper Coun	ty- updated 9	0.5.2025											
School District & website	School Name	Address	Telephone	Superintendent	Email and phone	Principal	Email	School Nurse	Bmail	Counselor	Email	Name-SRO others	Email
Baxter	Baxter Elementary	202 East State Street,	641-227-1121	Chris Petersen	cpetersen@baxter.k12.ia.us	Zach Hasselbrink	zhasselbrink@baxter.k12.ia.us	Sara Tiedji, RN	stiedje@baxter.k12.ia.us	Jill Halter	jhalter@baxter.k12.ia.us	Josh Britton	jbritton@jaspersheriff.org
https://www.baxtercsd.com/	Baxter Middle & High	PO Box 189, Baxter, IA 50028	641-227-3103		(641) 227-3102	Clay Harrold	charrold@baxter.k12.ia.us			Travis Dee	tdee@baxter.k12.ia.us		
Colfax-Mingo	Colfax- Mingo Elem	20 W Broadway St, Colfax, IA 50054	515-674-3465	Tim Salmon	tsalmon@colfaxmingo.org	Brian Summy	bsummy@colfaxmingo.org	Lindsay Cummins,RN	lcummins@colfaxmingo.org	Krista Terlouw	kterlouw@colfaxmingo.org		
https://colfax-mingo.k12.ia.us/	Colfax- Mingo High	204 N League Rd	515-674-4111		(515) 674-3646	Jake Troja	jtroja@colfaxmingo.org			Danielle Welsher	dwelsher@colfaxmingo.org		
Newton	Berg Elementary/	1900 N 5th Ave E, Newton, IA 50208	641-792-7741	Tom Messenger	messingert@newtoncsd.org	Daryl Dotson	dotsond@newtoncsd.org	Allison Stogdill	stogdilla@newton.k12.ia.us	Austin Van Manen Berg	vanmanena@newton.k12.ia.us	Austin Van Manen Berg	vanmanena@newton.k12.ia.us
https://www.newtoncsd.org/	, , , , , , , , , , , , , , , , , , ,	THE TRUE TO THE TENT OF THE TE			(641) 792-5809	Jen Hooks, Asst	HooksJ@newtoncsd.org	Glenda Palmer, Asst		Gracie Bear Berg	BearG@newtoncsd.org	Christine Dawson	dawsonc@newton.k12.ia.us
						Jennifer Weibels	WiebelJ@newtoncsd.org			Allison Graham, Berg	grahama@newtoncsd.org	Kelly Sorenson	sorensonk@newtoncsd.org
						Sarah Hummels, Office	hummels@newtoncsd.org			Danielle Kenny, Special Ed	kennyd@newton.k12.ia.us	Laura Selover	SeloverL@newtoncsd.org
	Emerson Hough	700 N 4th Ave E	641-792-3982			Tara Zehr	zehrt@newtoncsd.org	Laurie Kramer,RN	kramerl@newton.k12.ia.us	Special Ed		Ashley Pettyjohn	PettyjohnA@newtoncsd.org
	Newton High School	800 E 4th St S	641-792-5797			Michael Dale	DaleM@newtoncsd.org	Clarissa Bloom,RN	bloomc@newton.k12.ia.us	Cassia Nolin HS	NolinC@newtoncsd.org	Kyle Lovan, HS	kylel@newtongov.org
	Thomas Jefferson	112 Thomas Jefferson	641-792-2498			Jolene Comer	comerj@newtoncsd.org	Erin Jones,RN	jonese@newton.k12.ia.us	Denise Townsend TJ	TownsendD@newtoncsd.org		
	West Academy	1302 1st Ave W	641-792-0335			Laura Selover	seloverl@newton.k12.ia.us	Clarissa Bloom,RN	see above				
	Woodrow Wilson	801 South 8th Ave W	641-792-7311			Todd Schuster	SchusterT@newtoncsd.org	Erin Jones,RN	see above	Brandy Larson, WW	LarsonB@newtoncsd.org		
PCM(Prairie	PCM Elementary	407 E Plainsman Rd, Prairie City, IA 50228		Aaron Becker	abecker@pcmschools.org	Dr. Jenni McCrory	jmccrory@pcmschools.org	Julie Birkenholtz, RN	jvandyke@pcmschools.org			Carter Riechmann	criechmann@pcmschools.org
https://www.pcmschools.org/	Monroe Elementary	400 North Jasper, Monroe, IA 50170	515-994-8222		(515) 994-8222	Mandy Shannon	mshannon@pemschools.org	Sally Elrod,RN	selrod@pcmschools.org	Lindsey Houck, Elem	lhouck@pcmschools.org		
	PCM High /Admin	400 IA-163 BUS, Monroe, IA 50170	641-259-2317			Kristen Souza	ksouza@pcmschools.org	Sally Elrod,RN	see above	Samantha Pohl, HS	spohl@pcmschools.org		
	PCM Middle School	407 E Plainsman Rd, Prairie City, IA 50228	515-994-8222			Sam Brown	sbrown@pcmschools.org	Julie Birkenholtz, RN	see above	Beth McClennan Middle	bmcclellan@pcmschools.org		
Lynnville-Sully (LS)	LS Elementary	12476 Hwy F62 E, Sully, IA 50251	641-594-4445	Matt Dunsbergen	mdunsbergen@lshawks.com	Teri Bowlin	bowlin@lshawks.com	Justine Wyma,RN	wyma@lshawks.com	Michaela Gunsaulus, Elem	gunsaulus@lshawks.com		
https://www.lshawks.com/	LS Middle & High	3/			(641) 594-4445	Aaron Shipley	shipley@lshawks.com			Jennifer O'Halloran, HS	ohalloran@lshawks.com	Todd (TJ) Decker	tdecker@jaspersheriff.org
Other private schools													
Sully Christian	Sully Christian	12629 S 92nd Ave E, Sully, IA 50251	641-594-4180			Candace Vos (admin)	cvos@sullychristian.org	Bethany Tanke (health)	secretary@sullychristian.org				
https://sullychristian.org/													
Newton Christian	Newton Christian School, & Preschool	1710 N 11th Ave E, Newton, IA 50208	641-792-1924			Nicole Van Wyk	principal@newtonchristianschoo .com		office@newtonchristianschool. com	Dallas Vander Pol, Dir. Student Services	<u>dvanderpol@newtonchristianscho</u> <u>ol.com</u>		
https://www.newtonchristianschool.com	<u>/</u>					Elisha Biehan	ebiehn@newtonchristianschool.c						
Other school resources							TOTAL CONTRACTOR OF THE PROPERTY OF THE PROPER						
Heartland AEA	https://www.heartlanda a.org/	e	515-473-6700			Chris Pierson	cpierson@heartlandaea.org						
https://www.heartlandaea.org/													
D11.00 1		(00.312.14.37	(41 701 172:					W D' l-	H.F.L. OL				
DMACC- Newton		600 N 2nd Ave W, Newton, IA 50208	641-791-1721			Bill Peters	wspeters@dmacc.edu	Kara Dirksen	kbdirksen@dmacc.edu				
https://www.dmacc.edu/newton/								Jenna Seals	jmseals1@dmacc.edu				