

JASPER COUNTY CARES COALITION

We invite you to join us, share & network with community partners!

Mission: To enhance the awareness of health & human service resources & promote collaboration to better serve Jasper County.



**June 11th
10:30 AM**



 **JASPER CO. OFFICE BLDG
LARGE CONFERENCE ROOM**

**315 W 3rd St N
Newton, IA 50208**

JOIN US!



Questions?
Contact Becky Pyor,
bpyor@jasperia.org

Jasper County Cares Coalition Meeting Agenda
Wednesday, June 11, 2025, at 10:30 AM: Main Meeting
Location: 315 W 3rd St N., Large Conference Room, Newton, Iowa 50208



Subgroup today: Maternal and Child Health at 9:30 AM

Mission: To enhance the awareness of health & human service resources & promote collaboration to better serve Jasper County.

Vision: Safe, healthy, and connected Jasper County.

Sign-in and information table: Please bring information or giveaways for the resource table. We keep track of attendance. If someone doesn't attend for a calendar year, we remove them from the distribution list.

Welcome/Updates: New Contacts or attendees. Welcome folders are available. List is in packet. New people are highlighted.

Jasper County Cares Information:

- [Cares on Website](#) and [Jasper Co Cares Facebook](#)
- **Events/calendar:** <https://www.jasperia.org/calendar/> Check your events and **submit events to the County calendar.** If you have questions, contact: Jenn Cross, at jcross@jasperia.org
- **Resource Guide:** <https://www.jasperia.org/resources/>
- Contact: Becky Pryor jaspercocares@jasperia.org If you information changes, please let us know.

Community Events:

- [Newton Fest](#) will take place June 13-14, 2025. danieller@newtongov.org

Funding Opportunities: see links

- [Jasper County Opioid Settlement](#):. TBD after 7.22.2025

Spotlight Organization:

- To be a spotlight organization, Cares has a policy of only scheduling speakers who regularly attend the meetings.
- June: [American Lung of Iowa](#), Emma Krapfl

ORGANIZATION SPOTLIGHT

American Lung of Iowa

Mission: To save lives by improving lung health and preventing lung disease. We do this through education, advocacy, and research.

Services: Lung Helpline and Quitline Iowa. Tobacco Prevention policy assistance, education, and training.

MORE INFORMATION

- 515-309-9507
- Emmaline.Krapfl@lung.org
- <https://www.lung.org/ia>
- 2530 73rd St, Urbandale IA, 50322



Member Introductions/Share (1 minute for each person)

Please stand up & state your name, organization, services provided, any changes, projects, events, wins. Any volunteer needs or job openings? Take a moment for any questions.

Wins/Celebrations share with introductions during meeting!

Next Meeting: July 9th

Join Us! JASPER COUNTY CARES COALITION

NETWORKING EVENT

**July 9th
10:30 AM**

For health, human services, and community partners.

Drinks & Snacks for purchase.

**Note Location:
KC Willies
219 N 2nd Ave W
Newton**

fun



Organizational Spotlights:

- July: no speaker, Networking at KC Willies (non-alcoholic, non-profit), 219 N 2nd Ave W, Newton, IA 50208
- August: [Family Crisis Center](#), Shelley Koons
- September: [Iowa Child Care Resource & Referral of Central Iowa](#), Brenda O'Halloran
- October: [St. Croix Hospice](#), Jennifer Nevels
- November: [Jasper County Veterans Office](#)
- December [EFR](#), Lauren Asman, SOR Grant Coordinator

Attachments:

- Invitation to [Jasper County Cares](#)
- Jasper County Cares number of attendees per month
- The [American Lung Association of Iowa](#), Emma Krapl presentation (20 slides) Emmaline.Krapfl@Lung.org
- Money Smart Flyer ([RSVP](#), Iowa State Extension) jaspercountyrsvp.org
- [Strength to Succeed Conference](#) flyer, June 10
- 1st Five and WIC Information ([MICA](#))
- [Jasper County Senior Nutrition](#), Garage and Bake Sale
- [Public Health State Snapshot](#) (2 pages)
- [Capstone](#) Dive into Summer
- [Resource Guide QR](#) (Please post and share on social media and link on your website)
- July 9th meeting will be held a fun, networking opportunity at KC Willies. Feel free to bring a co-worker. We will not have a guest speaker. Drinks (non-alcoholic) and snacks will be available for cash purchase.
- Maternal and Child Health Meeting on June 11th at 9:30 AM Agenda and Minutes
 - Meet Piper, [Capstone BH](#) Therapy Dog
 - Trauma Informed Assessment and Screening Virtual Training sign up
 -

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If you have any suggestions, please let us know.

Jasper County Cares Leadership Committee

Becky Pryor, Jasper County Health Dept.

Connie McQuiston, Jasper County General Assistance Director

Julie Smith, Director, Capstone Behavioral Healthcare

Keri Schippers, Mercy One Newton

Rita Baker, Director, Pregnancy Center of Central Iowa

Rob Burdess, Chief, City of Newton Police Department

New is Becca Decker, Jasper County Habitat for Humanities, New 6.5.2025

If you are interested in being on the Leadership Committee or helping with Jasper County Cares, please reach out to Becky Pryor.

Jasper County Cares			Number of Attendees	Average Numbers
Month	Year	Number	Notes	
Oct	2022	57	Kick off with food	
Nov	2022	41		2022 average
Dec	2022	29		42
Jan	2023	29		
Feb	2023	48		
Mar	2023	48		
Apr	2023	52		
May	2023	37		
Jun	2023	47		
Aug	2023	42		
Sep	2023	50		
Oct	2023	35		
Nov	2023	48		2023 average
Dec	2023	41		43
Feb	2024	70		
Mar	2024	55	MCH	
Apr	2024	63		
May	2024	52		
Jun	2024	52	MCH	
Aug	2024	43		
Sep	2024	83	Town Hall with lunch	
Oct	2024	50	MCH and school meeting	
Nov	2024	43		2024 average
Dec	2024	48		56
Mar	2025	57	MCH subgroup	cancelled Feb due to weather
Apr	2025	39		
May	2025	37	Food subgroup	
Jun	2025		MCH subgroup	
July	2025			
Aug	2025			
Sep	2025			
Oct	2025			
Nov	2025			2025 Average
Dec	2025			44



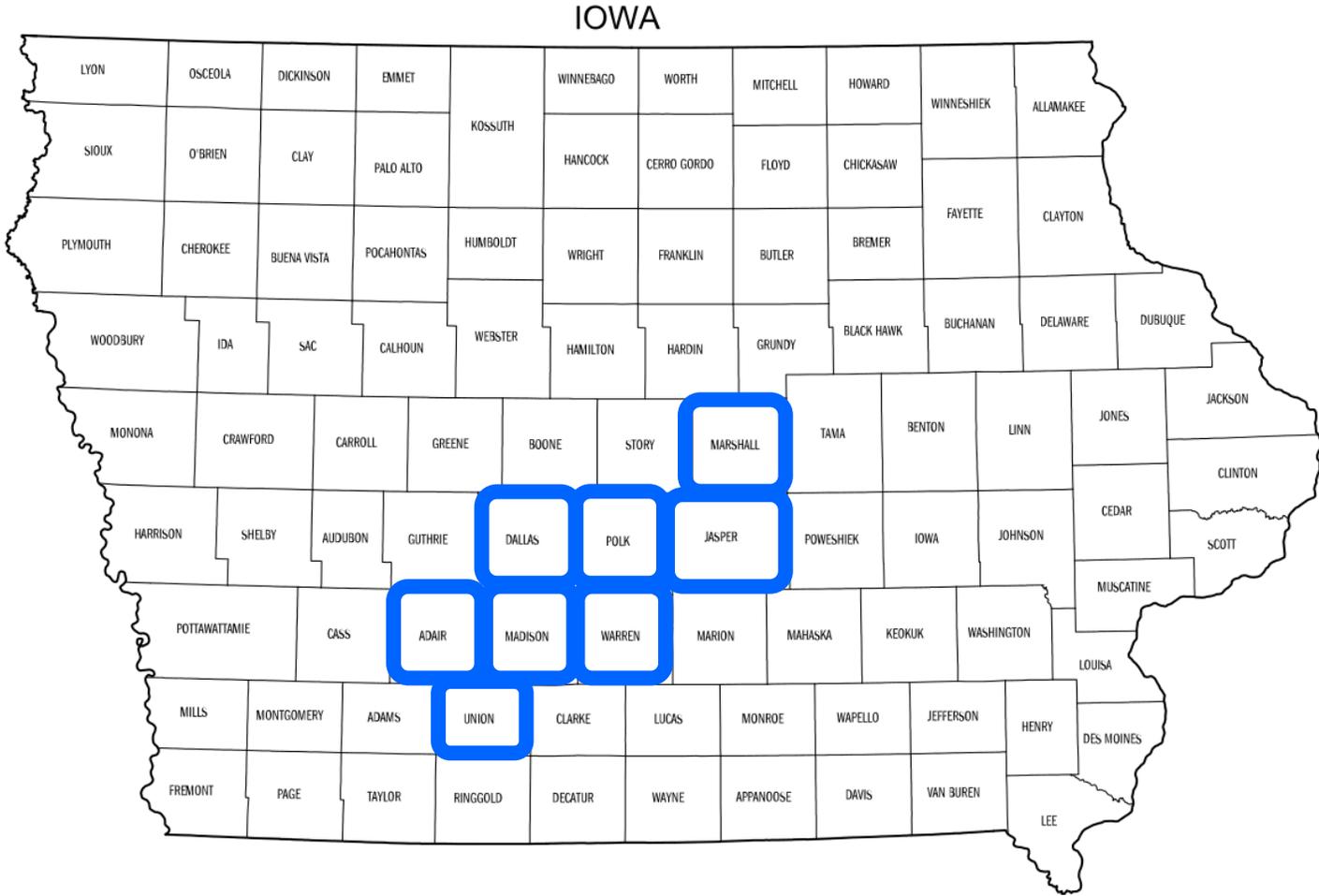
June 2025

The American Lung Association in Iowa: Who We Are & What We Do

Emma Krapfl, Health Promotions Specialist

Who We Are.

American Lung Association



About the American Lung Association

About Our Work

- The American Lung Association is the leading organization working to save lives by improving lung health and preventing lung disease, through research, education, and advocacy.
- Founded in 1904 as the National Association for the Study and Prevention of Tuberculosis (NASPT).
- Christmas Seals, lung disease research (since 1921)

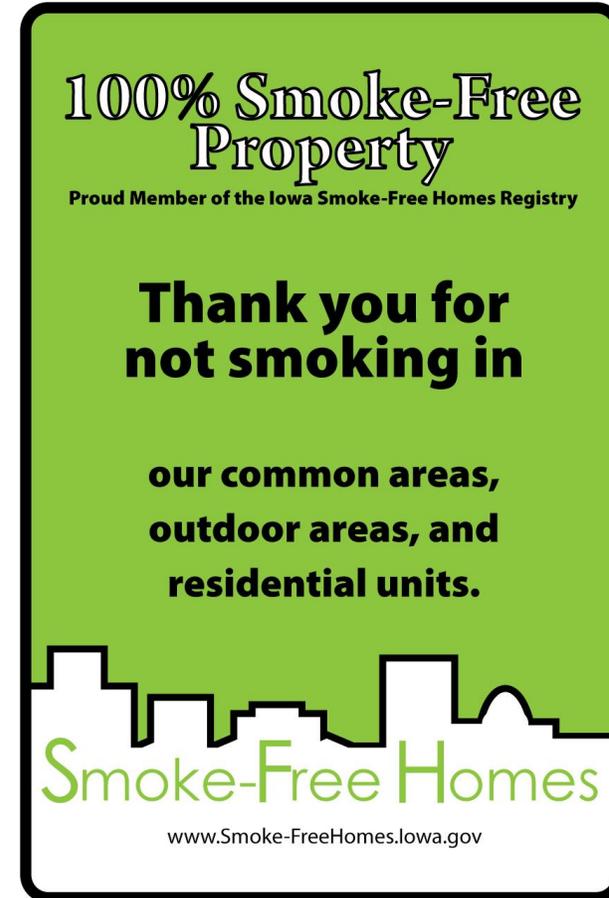
About Our Work

- Some of our areas of focus:
 - Infectious Diseases
 - Asthma
 - Tobacco Control
 - Lung Cancer
 - Indoor Air Quality
 - Lung HelpLine (1-800-LUNGUSA)
 - LUNG FORCE
 - State of Tobacco Control, State of the Air and State of Lung Cancer Reports

Our Work in Iowa

Policy

- Tobacco Free/Nicotine Free Policy
- Smoke Free Homes Policy
- Smoke Free Air Act Signage Fulfillment



Disclaimer: This is old signage. Some links and logos are outdated.

Secondhand Smoke

- Secondhand smoke is the smoke produced from burning tobacco products and smoke exhaled by the tobacco user.
- Also called environmental tobacco smoke (ETS)
- Mixture of two forms of smoke that come from burning tobacco:
 - Mainstream Smoke
 - Sidestream Smoke

Thirdhand Smoke

- Thirdhand smoke is the residue and chemicals left on indoor surfaces even after the air has cleared.
- The 250 chemicals in thirdhand smoke cling to clothes, furniture, curtains, walls, bedding, carpets, vehicles and dust.

Gold Standard Tobacco Free/Nicotine Free Policy



What is a Smoke Free Homes Policy?



- What a Smoke Free Policy Prohibits:
 - Use of combustible tobacco products
 - Use of electronic smoking devices (ESDs)
- Where a Smoke Free Policy Applies:
 - Inside apartment units
 - Indoor common areas
 - On entire property (optional)
- Who a Smoke Free Policy Applies to:
 - Tenants
 - Staff
 - Visitors

Quitline Iowa

- Resources for providers.
 - CEUs, quit kits, Quitline promotional materials.
- Promote Quitline Iowa.
 - Advertising, resource drops.
- AAR training presentations.
 - Ask, Advise, Refer with Motivational Interviewing.

Disclaimer: We do not run Quitline Iowa. That is funded by the state and run by National Jewish Health.

Quitline Iowa

- Free to all people 18+ living in Iowa
- 24 hours a day, 7 days a week
 - 1 on 1 counseling with a Quit Coach
 - Support and advice on cessation medications
 - Tools on how to overcome urges
 - Individualized quit plans



TOBACCO

QUITLINE IOWA

1 800 QUIT NOW | 1 800 784 8669

WWW.QUITLINEIOWA.ORG

Text START to 300500

For more information visit quitlineiowa.org.

Quitline Iowa Programs

Pregnancy & Postpartum

- 9 coaching calls
- Incentives for completed calls

Behavioral Health

- 7 coaching calls over 3 months
- NRT for 6-8 weeks with combo therapy

Young Adult

- Ages 18-24
- Text program

American Indian

- Up to 10 coaching calls
- 8 weeks of NRT

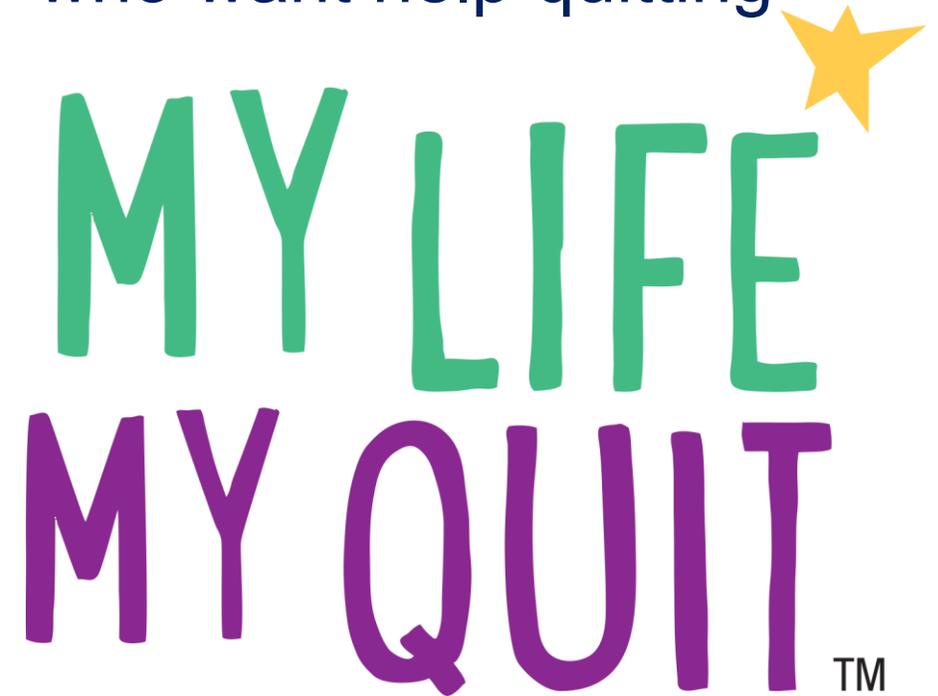
Youth Cessation Counseling

My Life, My Quit

- Free confidential service for teens 13-17 who want help quitting all forms of tobacco, including vaping.

- Getting started is as easy as texting

“Start My Quit” to 855-891-9989



For more information visit
mylifemyquit.org

Youth Prevention, Intervention & Cessation

- Community Engagement Presentations
 - For those who work with youth.
 - To learn what youth vaping and tobacco use looks like, how teens are targeted by advertising and what resources are available.
- Curriculum
 - Stanford “You and Me, Together Vape Free”
 - “Let’s Make Healthy Choices”
- ISTEP
 - Youth peer-to-peer education and prevention group



Iowa Students for Tobacco Education and Prevention

Led by students and supported by adults, ISTEP is a statewide movement made up of young people who want to step up and take action against tobacco.

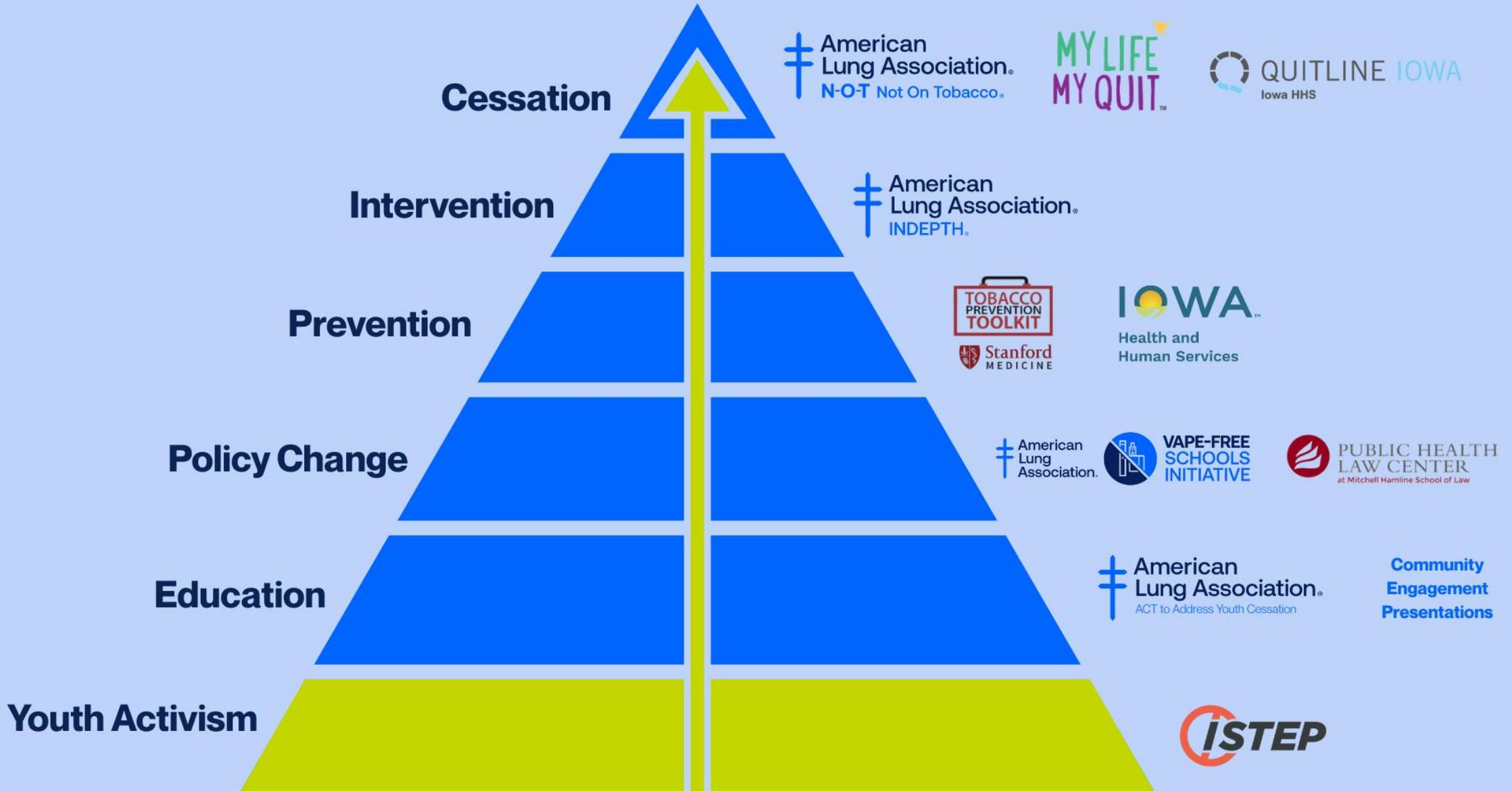
1) Find a chapter leader.

2) At least 3 students needed to join .

3) Sign up and we'll send you all the free materials to put on fun activities for the chapter.

The chapters works on fun and informational projects, has leadership opportunities and attends a summit every year.

Comprehensive Approach to Ending Youth Tobacco and Nicotine Use in Iowa



Our Vision

A World Free of Lung Disease



Questions?

Emma Krapfl, Health Promotions Specialist

Emmaline.Krapfl@Lung.org

515-802-3194

Resource Request Form: <http://bit.ly/LungIA>

Money Smart

FINANCIAL LITERACY CLASSES



We are excited to announce that RSVP of Jasper County and ISU Extension and Outreach- Jasper County will be sponsoring a Financial Literacy class **at no cost** starting this July. Our RSVP volunteers will be teaching essential skills in budgeting, tracking income, and managing expenses. We encourage all interested participants to call our office by **July 1st, 2025**, to secure a spot due to limited space and materials. Participants must be 18 or older.

Your Money Values and Influences

Internal values and goals, external influences, and their relationships to financial decisions

July 10th, 2025, 5:30 PM - 6:30 PM

@ISU Extension and Outreach- Jasper County
550 N 2nd Ave W, Newton, IA 50208

Income

How to track your income and understanding Pay Statements

July 17th, 2025, 5:30 PM - 6:30 PM

@ISU Extension and Outreach- Jasper County
550 N 2nd Ave W, Newton, IA 50208

Expenses and When Money is short

How to Track your Expenses and what to do when money is short

July 24th, 2025, 5:30 PM - 6:30 PM

@ISU Extension and Outreach- Jasper County
550 N 2nd Ave W, Newton, IA 50208

Making a Monthly Spending and Saving Plan

Developing a monthly spending and savings plan

July 31st, 2025, 5:30 PM - 6:30 PM

@ISU Extension and Outreach- Jasper County
550 N 2nd Ave W, Newton, IA 50208

This institution is an equal opportunity provider. For the full non-discrimination statement or accommodation inquiries, go to www.extension.iastate.edu/legal.

jaspercountyrsvp.org 

641-792-6433 



STRENGTH TO SUCCEED

Summer Conference

June 10, 2025 | DMACC Ankeny



Strength to Succeed is a full-day, in-person conference on June 10 at Des Moines Area Community College in Ankeny, Iowa, hosted by the Central Iowa Chapter of the Grant Professionals Association. Attendees will gain practical skills, timely insights, and meaningful connections through expert-led sessions focused on leadership development, grant management, and nonprofit strategy. The event offers 5 CEUs and is designed for grant professionals, fundraisers, nonprofit leaders, board members, students, and dedicated volunteers.

With the federal funding landscape shifting and economic uncertainty rising, it's more important than ever to prepare for what's next. Keynote speaker Patrick Kirby of Do Good Better Consulting will offer engaging strategies from his new book *Fundraise Like a 5th Grader*, and Beth Shelton, CEO of Girl Scouts of Greater Iowa, will deliver an energizing welcome address. Please share this opportunity widely across your networks.

For the full schedule and registration details, visit:

<https://centraliowagpa.org/2025-Central-Iowa-GPA-Chapter-Conference>

Iowa HHS 1st Five Executive Summary

Fiscal Year 2024

What is 1st Five?

The 1st Five Healthy Mental Development Initiative is a free and voluntary program that increases the number of connections for children with developmental concerns to needed resources and intervention services by:

- ◆ Supporting primary care provider use of developmental screening and surveillance tools.
- ◆ Connecting children with needs identified by their primary care provider to community resources and services through a locally employed Developmental Support Specialist (DSS).

Participation requires that a child is:

- ◆ An Iowa resident
- ◆ Age from birth to 5th birthday
- ◆ Referred by primary care provider

The 1st Five Model: How Does It Work?

1 Primary Care Provider Screens Child

The clinic screens how the child speaks, learns, acts and plays.

2 Primary Care Provider Refers Child

A referral is made if help is needed.

3 1st Five Makes Connections

1st Five contacts the family and connects the child to needed services.

4 1st Five Follows-Up

1st Five follows-up with the clinic to share updates.

1st Five is an expert in helping families get resource connected. This helps free up [primary care] providers to support families with their healthcare needs.

-1st Five Staff



Why 1st Five?

A child's first five years is the ideal time for impactful intervention.

In their first five years: children experience 90% of brain development¹ and develop foundational skills for school readiness and success², making this the ideal time to intervene³. Although an estimated 1 in 6 children experience developmental, behavioral, or learning issues, only 20% to 30% of these children are identified before starting school⁴.

Foundational Skills for School Readiness and Success



Language



Communication



Empathy



Trust



Problem-Solving



Self-Regulation



Self-Confidence



Conducting developmental screenings and providing referrals for early intervention services requires cross-sector coordination and technical assistance to address gaps.

Primary care providers can identify 70-80% of children with developmental delays when they use validated screening tools⁵ compared to 30% when they do not⁶. Unfortunately, only one-third of Iowa parents with young children report filling out a developmental screening tool in the last year⁷. Even when children are screened, only 59% of pediatricians report providing a referral for children who screen positive⁸.

Primary care providers can identify 70-80% of children with developmental delays when they use validated screening tools compared to 30% when they do not.



1st Five fills these gaps by supporting the logistics of developmental screening and referrals, helping to identify more children with needs and connect children with needs to services.

Every dollar invested in early childhood yields an estimated \$4 and \$17 return on investment⁹. Iowa's 1st Five program provides the support needed for primary care providers and families to kickstart the act of intervening early, saving taxpayer dollars by decreasing deferred costs associated with school-age interventions¹⁰.

Every 2-3 weeks [1st Five] followed up, seeing if I needed new resources. I knew I wouldn't fall through the cracks.

-Parent of a child referred to 1st Five



Where is 1st Five available?

1st Five supports screening and connections to community services and resources in 88 of Iowa's 99 counties through public-private partnerships between:

- ◆ The Iowa Department of Health and Human Services (HHS)
- ◆ University of Iowa Child Health Specialty Clinics (CHSC)
- ◆ Over 300 primary health care practices¹¹
- ◆ Over 600 primary health care providers
- ◆ 12 community-based organizations employing local Site Coordinators and Developmental Support Specialists

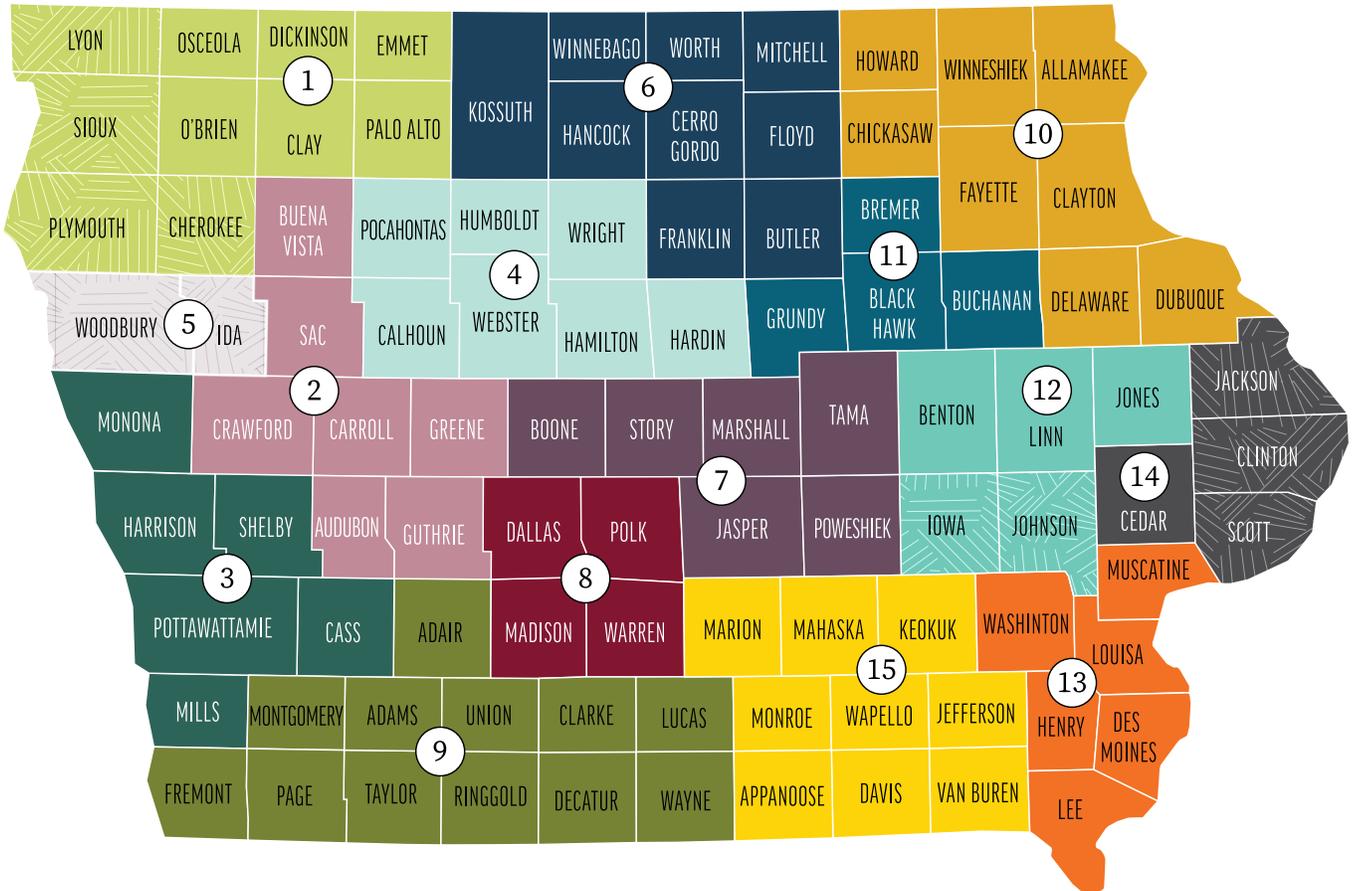
Supporting
88
Iowa
counties

The map on the following page depicts the 15 Iowa Health and Human Services Collaborative Service Areas (CSAs)—each identified by a unique color. Patterned lines identify the counties not currently served by 1st Five within the CSAs. These include Cherokee, Clinton, Ida, Iowa, Jackson, Johnson, Lyon, Plymouth, Scott, Sioux, and Woodbury Counties.

This is such an important program. It's instrumental in elevating the care that I'm able to provide patients in our community. It's well organized and consistent. It really breaks down barriers for children and families to be able to receive services that are instrumental in their long-term development.

-1st Five Referring Primary Care Provider

1st Five Healthy Mental Development Initiative Service Area within each Iowa HHS Collaborative Service Area (CSA)



- 1 Upper Des Moines Opportunity
- 2 New Opportunities, Inc.
- 3 Firefly
- 4 Upper Des Moines Opportunity
- 5 Service area does not have a 1st Five site
- 6 North Iowa Community Action Organization
- 7 Mid-Iowa Community Action, Inc.
- 8 EveryStep
- 9 MATURA Action Corporation
- 10 Dubuque Visiting Nurse Association
- 11 Black Hawk County Public Health
- 12 Hawkeye Area Community Action Program, Inc.
- 13 Lee County Health Department
- 14 Lee County Health Department (covering Cedar)
- 15 American Home Finding Association

Counties not served by 1st Five site

Who Does 1st Five Serve?

Referrals Received

In Fiscal Year (FY) 2024...

1st Five received **2,247** referrals from primary care providers for **2,192** children.*

These referrals came from **673** primary care providers and **273** primary care practices.

**Some received multiple referrals.*

Percentage of Referred Children by Age



Race of Referred Children

American Indian or Alaska Native **1%**

Asian **3%**

Black or African American **17%**

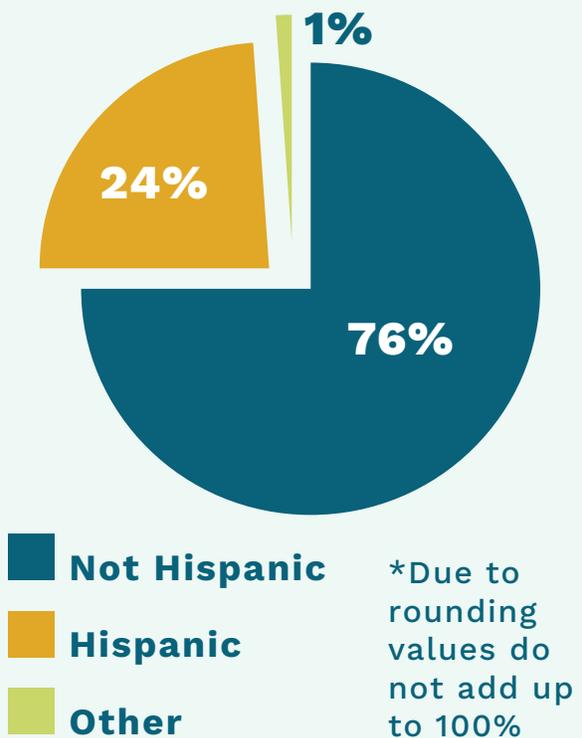
Native Hawaiian or Other Pacific Islander **4%**

White **82%**

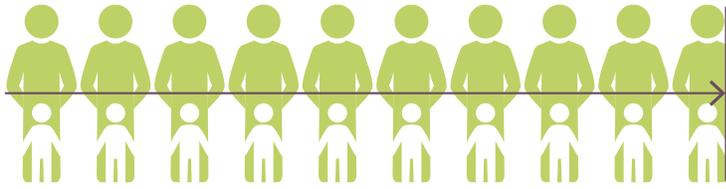
Other **<1%**

Participants were allowed to identify as multiple races and thus percentages may total over 100%.

Ethnicity of Referred Children*



Impact of 1st Five



98%

Almost all surveyed caregivers indicated that 1st Five mostly or completely met their family's needs.

Over one-third of the **family needs identified** by primary care providers and 1st Five were for assistance with developmental or behavioral needs (multiple needs could be identified).

Child Developmental and/or Behavioral	38%	General Healthcare	6%
Stabilizing and Securing Needs	22%	Early Childhood Care and Education	5%
Other	7%	Oral Healthcare	4%
Supplies or Goods	6%	Counseling and Support Groups	4%
Specialty Healthcare	6%	Education	3%

2,240 out of 2,247 primary care provider referrals had an identified referral reason*.

*Some referrals had multiple reasons selected

Developmental Concerns	40%	Social/Behavioral Concerns	7%
Hearing/Speech Concerns	30%	Other Health Related Issues	2%
Resource Needs	10%	Other	6%
Parent/Family Stress	9%		

1st Five made 3,461 connections to community resources to address family needs.



FY24 Referral Outcomes



72% of referred children received information or referral services



1% of referred children were put on a waitlist for ideal services



71% of referred children had ideal services available and child was connected to the resources



<1% of referred children had services unavailable



2% of referred children had ideal services unavailable, but were referred to best fit service

Only 12% of referred children were unable to be contacted.

1st Five lost contact with only 7% of referred children.

Only 3% of referred children declined 1st Five services.

Endnotes

- 1 First Things First. (n.d.). *The first five years*. First Things First. <https://files.firstthingsfirst.org/why-early-childhood-matters/the-first-five-years>
- 2 First Things First. (2023, September 1). *Kindergarten readiness*. First Things First. <https://www.firstthingsfirst.org/resources/kindergarten-readiness/>
- 3 Centers for Disease Control and Prevention. (2024, April 3). *Why act early if you're concerned about development?* Centers for Disease Control and Prevention. <https://www.cdc.gov/ncbddd/actearly/whyActEarly.html>
- 4 Paul H. Brookes Publishing Company. (2021, April 5). *Why screening matters*. Ages and Stages Questionnaires. <https://agesandstages.com/about-asq/why-screening-matters/>
- 5 Vitrikas, K., Savard, D., & Bucaj, M. (2017, July 1). *Developmental delay: When and how to screen*. American Academy of Family Physicians. <https://www.aafp.org/pubs/afp/issues/2017/0701/p36.html>
- 6 Rice, C., Van Naarden Braun, K., Kogan, M., Smith, C., Kavanagh, L., Strickland, B., & Blumberg, S. (2014, September 12). *Screening for developmental delays among young children - National Survey of Children's Health, United States, 2007*. Centers for Disease Control and Prevention. <https://www.cdc.gov/mmwr/preview/mmwrhtml/su6302a5.htm>
- 7 Child and Adolescent Health Measurement Initiative. *2022-2023 National Survey of Children's Health (NSCH) data query*. NPM: Developmental screening, age 9-35 months. Data Resource Center for Child and Adolescent Health supported by the U.S. Department of Health and Human Services, Health Resources and Services Administration (HRSA), Maternal and Child Health Bureau (MCHB). <https://www.childhealthdata.org/browse/survey/results?q=11307&r=17>

- 8 Lipkin, P. H., Macias, M. M., Baer Chen, B., Coury, D., Gottschlich, E. A., Hyman, S. L., Sisk, B., Wolfe, A., & Levy, S. E. (2020a). *Trends in pediatricians' developmental screening: 2002–2016*. *Pediatrics*, 145(4). <https://doi.org/10.1542/peds.2019-0851>
- 9 First Things First. (2024, April 8). Investing in early childhood. *First Things First*. <https://www.firstthingsfirst.org/early-childhood-matters/investing-in-early-childhood/>
- 10 Cooper, M. (2021). *Reducing special education costs by providing early intervention for autistic children*. *Behavioral Interventions*, 37(2), 397–414. <https://doi.org/10.1002/bin.1839>
- 11 Iowa Department of Health and Human Services. (2024, February). *List of 1st Five participating primary care practices*. hhs.iowa.gov/media/12172/download?inline

What is 1st Five?

Iowa's 1st Five Healthy Mental Development Initiative:

- ◆ Supports primary care provider use of screening tools to identify developmental concerns.
- ◆ Connects children with needs identified to community resources and services through a locally employed Developmental Support Specialist.

1st Five is a free and voluntary program. Child participation requires Iowa residency, age from birth up to 5th birthday, and referral by a primary care provider.

1st Five supports a statewide approach to child health and success that:

- ◆ Connects children to intervention services when services will be most impactful.¹
- ◆ Promotes children's school readiness and success.²
- ◆ Saves money by decreasing deferred costs associated with school intervention services.³

The 1st Five Model: How Does It Work?

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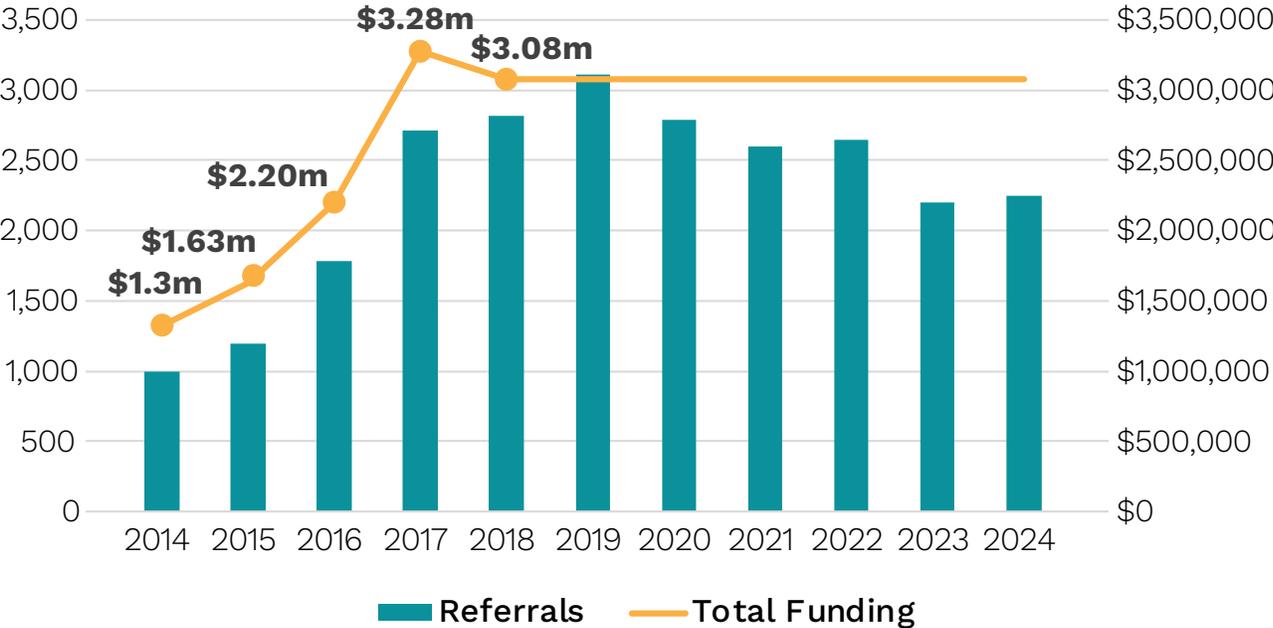
1st Five follows-up with the clinic to share updates.

1st Five supports healthcare practices and primary care providers with implementing surveillance and screening.



Funding History

State Funding for 1st Five and Referrals by Year



Fiscal Year (FY) 2017 represents the last year there was an increase in state funding for 1st Five. The additional \$1,076,231 in funding provided that year went toward supporting program expansion and resulted in an increase of nearly 1,000 referrals the next year. However, a decrease in funding in FY 2018 and level funding since, has contributed to a steady decline in referrals, underlying the need for increased infrastructure dollars to identify more children in need of support and early intervention resources.

Additional resources are needed to support the expansion of 1st Five to identify more children with developmental concerns and connect them to needed services and resources in their communities.

1st Five would like to expand access to development screening support for primary care providers and access to resource connections for families statewide—making 1st Five available in the 11 counties not currently served by 1st Five—Cedar, Cherokee, Clinton, Ida, Iowa, Jackson, Johnson, Lyon, Plymouth, Sioux, and Woodbury.

Endnotes

- 1 Centers for Disease Control and Prevention. (2024, April 3). *Why act early if you're concerned about development?* Centers for Disease Control and Prevention. <https://www.cdc.gov/ncbddd/actearly/whyActEarly.html>
- 2 Institute for Disability Research, Policy & Practice. (2024, January). *What is early intervention and why is it important* [Policy Brief]. Utah State University. <https://idrpp.usu.edu/files/policy/what-is-EI-why-important-for-web.pdf>
- 3 Cooper, M. (2021). Reducing special education costs by providing early intervention for autistic children. *Behavioral Interventions*, 37(2), 397–414. <https://doi.org/10.1002/bin.1839>
- 4 United States Census Bureau. (2024, June). *Annual estimates of the resident population for counties in Iowa by selected age groups and sex: April 1, 2020 to July 1, 2023 (CO-EST2023-AGESEX-19)*. United States Census Bureau, Population Division. <https://www2.census.gov/programs-surveys/popest/datasets/2020-2023/counties/asrh/cc-est2023-agesex-19.csv>
- 5 National Survey of Children's Health. *NSCH 2011/12*. Data query from the Child and Adolescent Health Measurement Initiative, Data Resource Center for Child and Adolescent Health website. <https://www.childhealthdata.org/browse/survey/archive/results?q=2476&r=17>



Mid-Iowa Community Action (MICA)

MICA helps families experiencing poverty meet their needs, build on their strengths, and achieve their goals.

Serving Families in: Boone, Jasper,
Marshall, Poweshiek, Story and Tama Counties.

Board of Health Newsletter May/June 2025

WIC Participation	April 2025
Marshalltown	1,388
Grinnell	196
Tama	263
Colfax	76
Newton	478
Settlement	19
Boone	231
Ames	1,198
Nevada	101
Traer	24
Brooklyn	38
Agency Total	4,012

*WIC grant requires participation numbers in all BOH newsletters.



I-Smile @ School 24-25 School Year

MICA's I-Smile @ School Team completed oral health screenings for 861 students this school year. They also placed 1,484 sealants on 355 children. Sealants are offered to kids in schools with 40% or higher free and reduced lunch rates. These kids often have more barriers to dental care and higher rates of decay, so sealants are placed as a great way to prevent cavities. The team also connects children with active decay to a local dentist for treatment.



It's been a busy Spring doing outreach in all counties of our service area!

For more information about MICA Health Services call 641-752-7162

Additional Health Program Updates:

Child Care Nurse Consultant (CCNC)

MICA's CCNC Program provides health and safety guidance as well as technical assistance to local childcare providers. Centers and In-Home daycares can receive support from MICA's Child Care Nurse Consultant. CCNCs also help providers through the new IQ4K process by completing health and safety checklists. MICA's CCNC has been busy facilitating trainings and connecting providers in the process of licensing to necessary resources for health and safety. We are currently hiring for a second CCNC, based out of Marshalltown.

WIC

MICA recently received a positive shout-out from the Iowa HHS WIC team. Month-over-month growth at MICA continues to be steady with a 2.27% increase in participation, this was the highest increase in the state in April. In addition, MICA also had the second highest year-over-year growth in the state, with an increase of 5.24% from last year. The WIC team has been working hard to ensure families are promptly connected to WIC services.

1st Five

1st Five continues to partner with local pediatric and family practice providers in Boone, Jasper, Marshall, Poweshiek, Story and Tama Counties to promote the use of validated developmental screening tools such as the ASQ at well-child visits. Through early identification 1st Five is able to support families by getting children connected to early intervention services, promoting healthy growth and development before they start school.

Maternal Health

The Maternal Health Program at MICA serves pregnant individuals throughout their pregnancy and postpartum. During appointments with our Maternal Health nurse, patients receive one-on-one education and support to help them have the healthiest pregnancy possible. The Maternal Health Nurse can also provide referrals for tobacco cessation and newborn necessities. Free prenatal vitamins are also offered to those participating in the Maternal Health Program. The Maternal Health Nurse has been busy assisting patients with Medicaid applications and connecting them to prenatal care providers for ongoing medical care.

Child Health

Child Health continues to provide gap-filling services throughout the service area. These services include lead testing, caregiver depression screenings, ASQ developmental screenings and more. The Child Health Team also works to increase awareness and education about immunizations and connects families to medical and dental homes.

Pick A Better Snack

The Pick A Better Snack program just wrapped up lessons for the school year. The Nutrition Educator completed monthly lessons at all six Marshalltown Community School District Elementary Schools and at South Tama Elementary. 2nd and 3rd graders enjoyed trying a new fruit or vegetable each month, learning about where it comes from, how to prepare and eat it as well as engaging in physical activities to promote lifelong healthy habits.

I-Smile

The I-Smile Team has closed out another successful school year providing sealants at 30 schools. Sealants are offered to 2nd and 3rd graders in schools with a 40% or higher free and reduced lunch rate. In addition, the I-Smile team visited six high-risk 7th grades to do oral health screenings and sealants on at-risk students. The sealant program works extensively to connect children with decay to local dental providers. The team also does a fantastic job educating all students about proper oral healthy hygiene habits to prevent decay.

GARAGE & BAKE SALE

When: Thursday, June 19: 8 AM-5 PM
Friday, June 20: 8 AM-1 PM

Baked goods available until sold out

Where: Jasper County Community Center
2401 1st Avenue East, Newton

Proceeds Benefit Jasper County Senior Nutrition

What is Jasper County Senior Nutrition?

Jasper County Senior Nutrition serves anyone 60 years of age or older and their spouse (spouse need not be 60). Home delivered meals are provided throughout Jasper County. Congregate meal sites are available in Colfax, Monroe, & Newton. The program is funded by Aging Resources of Central Iowa, Jasper County, donations from clients, Medicaid, memorials and fundraising events.

TO DONATE ITEMS AND/OR BAKED GOODS
CALL 641-792-7102

(No clothing—donated items for the sale can be dropped off Monday, June 16 and Tuesday, June 17 from 7 AM-3:30 PM or by appointment—if able, please mark your items with a price)

Governmental Local Public Health Snapshot

Public Health Implementation

Local boards of health (LBOH) are independent county boards. They have the authority over public health matters in the county and can either directly employ staff or contract with an entity to provide public health activities and direct services.

County-Based Agencies

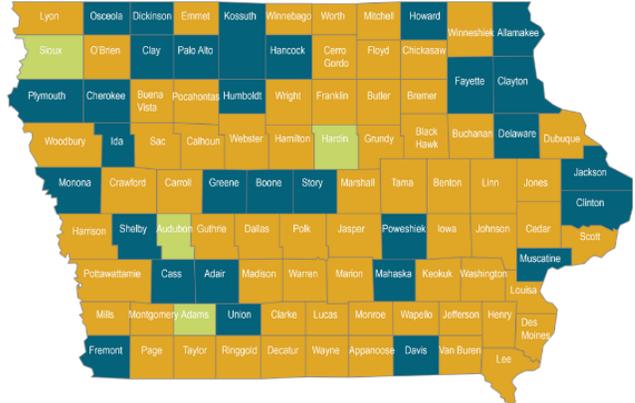
Local boards of health directly employ staff to provide public health activities and direct services in **65 counties**.

Health System-Based Agencies

Local boards of health contract with hospitals or health systems to provide public health activities and direct services in **30 counties**.

Other Agencies

Local boards of health contract with other entities to provide public health activities and direct services in **4 counties**.



Public Health Workforce



1,306 people provided activities and services on behalf of a local board of health



A little more than **half** of local public health agencies (52) employ **less than 10 people**

The majority of the public health workforce consists of administration and leadership, nurses, licensed practical nurses (LPNs), home health aides, environmental health specialists, health educators, and community health workers.

Local Investment

Approximately **\$40 million** was invested by boards of supervisors (BOS) in state fiscal year 24 (SFY24) to support population health (public health services) and non-population health (direct services).

Leadership Experience



In SFY24, **522 volunteer members** served on a local board of health



Half (50%) of LBOH members have **served less than 5 years**.



In just the past 6 years, **almost two-thirds (62%)** of local public health agencies have **experienced a turnover in their administrator**. **Twenty-two** of the 62 agencies had a change in administrator **two or more times**.

Delivery of Activities and Services



100%
of counties provided
Emergency Preparedness
and Response



97%
of counties provided
Immunization and
Tuberculosis



99%
of counties provided
Disease Follow-up,
Surveillance, and Control



97%
of counties provided
Public Information, Health
Education, and Community
Engagement

Although these four public health services are extremely important to the health of a community, the majority of public health activities associated within these four services do not directly address Iowa's leading health concerns.

Iowa's Leading Health Concerns

Identified Health Needs

vs.

Services Provided



Behavioral Health
93 Counties



Behavioral Health
9 Counties



Obesity
76 Counties



Nutrition & Physical Activity
42 Counties



Chronic Disease
(including Cancer)
51 Counties



Chronic Disease Prevention
and Management
49 Counties

In their community health needs assessment, counties identify their top health needs for their county. However, most local public health agencies are not providing services to address those needs.

Sources: Iowa Local Governmental Public Health System: Results of the 2024 Local Public Health Systems Survey (self-reported data from Iowa's local public health agencies); Community Health Improvement Plans submitted to Iowa HHS in November 2023

DIVE INTO

SUMMER

HELP CAPSTONE BEHAVIORAL HEALTHCARE GROW!

WE'RE THRILLED TO ANNOUNCE OUR EXPANSION EFFORTS — BUT WE NEED YOUR SUPPORT!



DIVE INTO SUMMER GIVEAWAY
CLOSES JUNE 30TH AT MIDNIGHT!



- MAYTAG POOL SEASON PASS
- BOGG BAG DUPE
- VERA BRADLEY TOWEL
- VERA BRADLEY CLEAR COSMETIC BAG
- POOL ACCESORIES X5
- GOGGLES
- TAL WATER BOTTLE & SO MUCH MORE!

EVERY \$5 DONATION IS ONE ENTRY!



<https://www.zeffy.com/donation-form/dive-into-summer-fundraising-giveaway>

Need Help?

Jasper County Resource Guide

SCAN HERE



[www.jasperia.org/
resources](http://www.jasperia.org/resources)

**Join
US!**

JASPER COUNTY CARES COALITION

NETWORKING EVENT

**July 9th
10:30 AM**

For health, human
services, and community
partners.



**Drinks & Snacks
for purchase.**



**Note Location:
KC Willies
219 N 2nd Ave W
Newton**

fun

MATERNAL HEALTH
COALITION

*June 11th
at 9:30am*

LOCATION: VIRTUAL & IN PERSON @ JASPER COUNTY
OFFICE BUILDING SMALL CONFERENCE ROOM 315
W. 3RD ST. N. SUITE 006 NEWTON, IA 50208

Maternal Health Coalition Meeting Agenda

June 11th, 2025

- Round Robin Introductions/updates
- Capstone to share their mental health services with special guest, Piper, their therapy dog 😊
- Krissy Burma with I-SMILE to discuss oral health and dental gaps/concerns. What can we do as a coalition to help?
- Open Discussion

Next meeting September 10th, 2025

Contacts: MICA-

Jana Larsen Maternal, Child, and Adolescent Health Coordinator jana.larsen@micaonline.org

Megan Van Beek, RN megan.vanbeek@micaonline.org

Maternal Health Coalition Meeting Notes

March 12th 2025

- **Attendance:** Megan Van Beek (MICA), Jana Larsen (MICA), Erin Ouverson (MICA), Melissa Gary (Jasper Co. Health Dept), Sierra Stevens (WIC), Angela Barnell (Parent Partner), Araceli Roberts (MICA), Jessica Miller (MICA), Mindy Aman (CCCI), Amanda Conklin (CCCI), Rita Baker (PCCI), Becky Pryer (Jasper Co. Health Dept), Lora/Leann/Brenda (CCRR), Tim (CMCSD), Casey Keller (EFR), Serenity Bookout (YMCA), George Sorenson (YMCA), Becca Decker (Habitat), Felicia (PAT) *(sorry if I missed anyone)*

- **Topics we discussed:**
 - **Child Care:** information provided from CCR&R (Child Care Resource & Referral) and CCCI (Child Care Collaborative of Iowa)
websites: www.midsioux.org/ccci and <https://iowaccrr.org/>

- **Topics for our next meeting:**
 - Please email us with topics to discuss!

Next meeting June 11th 2025 - in person and virtual.

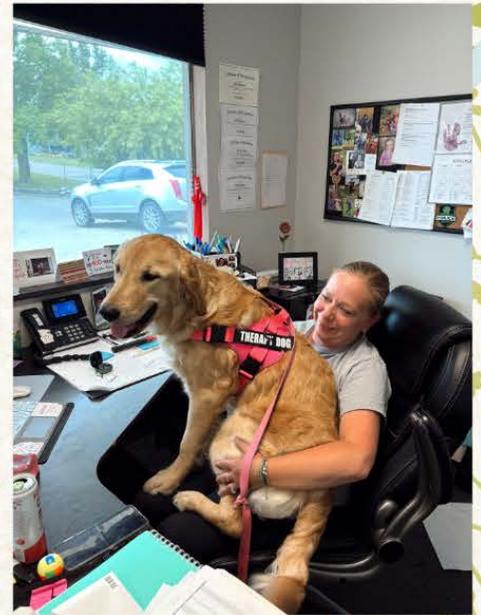
Contacts: MICA-

Jana Larsen- Materna I, Child, and Adolescent Coordinator jana.larsen@micaonline.org

Megan Van Beek, RN megan.vanbeek@micaonline.org

Meet Capstones First Therapy Dog **PIPER!**

Piper has been a truly pawstive presence at Capstone, touching the hearts of staff, clients, and every stranger. Her gentle presence brings comfort, joy, and calm to everyone she meets—reminding us all that healing doesn't always come in words.



**PIPER IS AN 8-MONTH-OLD GOLDEN RETRIEVER!
SHE IS ENROLLED IN A THERAPY DOG TRAINING
PROGRAM THROUGH WHO'S LEADING WHO
TRAINING AND OBEDIENCE IN GRINNELL. SHE HAS
PASSED HER INTERMEDIATE COURSE AND CAN BE
SEEN UPON REQUEST—BY INDIVIDUALS OF ALL
AGES—AFTER A WAIVER IS SIGNED!**

**EMAIL MADDIE ELLIS FOR FURTHER INFORMATION
MADISONE@CAPSTONEBH.COM**



FREE TRAINING: TRAUMA-INFORMED ASSESSMENT & SCREENING

 **Monday, June 16, 2025**
 **9:00 AM – 11:00 AM**
 **Virtual**

Who Should Attend:

Providers, parents, and community members in Benton, Iowa, Linn, Jones, Poweshiek, Tama, and Jasper Counties.

What to Expect:

This free virtual training offers an overview of trauma-informed screening and assessment. It highlights the importance of an assessment framework in delivering services and interventions to youth and families affected by complex trauma. The session will also cover key strategies and practical applications of the trauma-informed assessment process.

Trigger Warning:

The training includes discussions on interpersonal trauma and familial violence, including physical, sexual, and emotional abuse.

Register online at:
<https://www.signupgenius.com/go/70A054EA4AE29A4FC1-57032498-traumainformed>

REGISTRATION REQUIRED

