	Stand Long and State			
		20	915	
	JUL		42 -	-
Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Beef Pot Roast	Country Fried Chicken & Gravy	Fish Nuggets	Pasta Bake	Almond Poppyseed
with Vegetables	Mashed Potatoes	Cheesy Rice	Cascade Blend Vegetables	Chicken Salad Sandwich
Dinner Roll	Green Beans	Broccoli & Cauliflower	Garlic Toast	Chips
Berry Cup	Orange	Banana	Blueberries	Garden Salad
Dessert				Apricots
9	10	11	12	13
Pork Fritter Sandwich	Chicken & Gravy over	Meatloaf	Glazed Fish Filet	Egg Salad Sandwich
Italian Pasta Salad	Potatoes	Mashed Potatoes & Gravy	Spinach	Pasta Salad
Zucchini	Broccoli & Cauliflower	Carrot Salad	Peaches	Pears & Blueberries
Banana	Mandarin Oranges	Pineapple	Apple Crisp	Candy Apple Dessert
16	17	18	19	20
Chicken Cordon Blue Pasta Bake	Cook's Choice	Crispy Pork Chop	Turkey & Gravy over	Creamy Tuna Pasta Salad
Asparagus	Casserole Day	Mashed Potatoes & Gravy	Mashed Potatoes	Carrots & Celery
Banana	Green Beans	Peas	Bean Salad	Apricots
	Grapes	Strawberries	Mango & Pineapple	Apple Crumb Bar
23	24	25	26	27
Taco Bake	Cook's Choice	Orange Glazed Chicken	Lemon Pepper Fish	Chicken Caprese Salad
Spanish Rice	Hotdog	Fried Rice	Herb Potatoes	Beets
Corn	Baked Beans	Oriental Slaw	Mixed Vegetables	Salad Crackers
Pears	Chips	Egg Roll	Peaches	Chocolate Cherry Desser
	Apple	Banana	Berry Crisp	Grapes
30	MEALS ARE FUNDED BY:			To connect to our webpage:
Glazed Meatballs	*JASPER COUNTY		TO ORDER A MEAL	
Scalloped Potatoes	*AGING RESOURCES		OR CANCEL A MEAL,	
Broccoli Salad	*CLIENT DONATIONS		CALL 641-792-7102	同意を認
Fruit Cocktail	*ELDERLY WAIVER/MEDICAID		DO NOT TEXT THIS	<b>□</b> \$\$ <b>\$\$</b> \$
	*FUNDRAISERS *MEMORIALS		NUMBER.	SCAN HERE

\*\*Milk offered with all meals. All meals meet 1/3 of the Recommended Dietary Allowances (RDA) for older adults.

Stylan Show menas