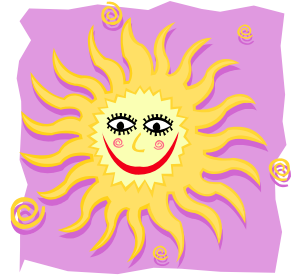


**AUGUST
2023**

**Jasper County Elderly Nutrition
2401 First Ave E.
Newton, Iowa 50208
641-792-7102
<https://jasperia.org>**



Providing Congregate and Home Delivered Meals in Jasper County

Aging Resources of Central Iowa's Information & Assistance

Aging Resources should be the first call you make. Many people call 7-8 numbers before getting answers to their questions.

Aging Resources of Central Iowa's Information & Assistance (I &A) Specialists listen to you and share ideas about programs or agencies that might address your concerns. They can assist you in getting connected to available services and to answer the many questions that you have about aging or living with a disability. Whether you have questions about housing or transportation, programs or services to help you stay in your home, or you are just wondering what type of assistance is available to you, make your first call to Aging Resources.

If you are an adult 60+ years of age or a person with a disability who is 18+ years of age, contact an I&A Specialist with any of your questions. Call Aging Resources at (515) 255-1310 or (800) 747-5352. Emails are welcomed at info@agingresources.com.

Each contact, phone call, or face-to-face interview is intended to answer your questions so you can remain in your home and be as independent as possible.

If you are needing additional support in arranging services, managing those services or finding employment, Aging Resources has several other programs that might be of interest to you!