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Senior Farmers Market Nutrition Program

Applications for the Senior Farmer's Market checks will be available soon! Watch for more information!

DON'T LET SCAMMERS STEAL FROM YOU!

This spring, be on the lookout for fraudulent sweepstakes offering hefty payouts or prizes – such as a car, iPad, or large sum of money. According to the Federal Trade Commission, there are three signs that indicate whether a sweepstake or lottery scheme is indeed a scam:

- 1. If you have to pay to get your prize, it's a scam. Prizes are just that a free giveaway. If someone requests that you pay a fee for any reason (i.e. taxes, shipping and handling charges, processing fees) to get your prize, you're dealing with a scammer.
- 2. If you have to pay to increase your odds of winning, it's a scam. Prize drawings or chance winnings are free and rely on luck. It's illegal for someone to ask you to pay to increase your odds of winning, so if you are pressured into doing so, you can bet it's a scammer.
- 3. If you are asked to disclose financial or personal information, it is likely a scam. Only a scammer will request your bank account information, credit card

number, or personal information like your Social Security number. This information is not necessary to receive a prize. If they ask for this information, do not provide it and immediately delete any messages between you and the scammer.

Please report sweepstake and lottery scams to the FTC at ReportFraud.ftc.gov. For additional questions or information on scams targeting older lowans, please reach out to Aging Resources at 515-255-1310 to speak with an Elder Rights Specialist.

MEALS ARE FUNDED BY:

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