

April 2024

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Apple Pork Loin over Garden Rice Spinach Pineapple	Chicken Parmesan Pasta Bake Acorn Squash Mandarin Oranges Chocolate Chip Cookie	Baked Fish Filet Mixed Vegetables Dinner Roll Applesauce	Meatballs in Gravy Mashed Potatoes Brussels Sprouts Pears Muffin	Egg Salad Sandwich Cucumber Pasta Salad Fresh Vegetable Medley Banana Cookie
8	9	10-Cook's Choice	11	12
Swiss Steak w/Mushroom Gravy Mashed Potatoes Peas Strawberries Oatmeal Raisin Cookie	Santa Fe Chicken Salad Roll Up Pickled Beets Orange Peach Cobbler	Chicken Patty Buttered Corn TriTator Apricots Banana Coffee Cake	Seasoned Pork over Mashed Potatoes Asparagus Banana Apple Crumb Bar	Broccoli and Cheese Soup 1/2 Tuna Sandwich Crackers Peaches Berry Crisp
15	16	17	18-Cook's Choice	19
Tortellini and Meat Sauce Garlic Bread Lettuce Salad Spiced Pears	Cranberry Glazed Chicken Mashed Potatoes California Blend Vegetables Cinnamon Applesauce	Baked Fish Sandwich Boston Baked Beans Diced Beets Fruit Cocktail	Soup 1/2 Ham & Cheese Sandwich Crackers Strawberries w/Cake	Ham and Mushroom Omelet Hashbrown Patty Carrot Crinkles Blueberries Muffin
22	23	24	25	26
Garlic Pork Roast over Mashed Potatoes Cascade Blend Vegetables Grapes	BBQ Beef Sandwich Sweet Potato Tots Pasta Salad Pineapple Cherry Bar	Chicken Tetrizzini Parslied Cauliflower Peaches Minute Fruit Salad	Lemon Pepper Cod Potatoes with Onions Succotash Dinner Roll Mixed Fruit Cup	Stuffed Green Pepper Casserole Coleslaw Apricots Pear Crumble
29	30			
Almond Poppy Seed Chicken Salad Sandwich Broccoli Raisin Salad Orange Chocolate Pudding	Italian Baked Chicken Cheddar Sour Cream Potatoes Capri Blend Vegetables Tropical Fruit			
			To Cancel your meal, call 641-792-7102. Meals will not be left if you are not home or have not communicated with us.	

**Milk offered with all meals. All meals meet 1/3 of the Recommended Dietary Allowances (RDA) for older adults.

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